



## DAY CAMP

### WEST HAM UNITED FOUNDATION INTERNATIONAL SOCCER ACADEMY

Enjoy the soccer experience of a lifetime with our Elite Pro-Experience!...Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide.

With the Choices Day Camp Programme, participants will have a chance to build self-confidence and to participate in team building activities. We want to ensure students enjoy their summer stay with us and to learn useful skills for the future. We create a warm, fun and safe environment for players, within excellent facilities.

#### WHAT IS YOUR LEVEL OF SOCCER?

Day camp participants can choose between different options:

- **High Performance:** For participants who are playing for a club or are highly skilled. Players can pursue the highest potential, focused on technical, tactical, team preparation and performance analysis plus injury prevention.
- **English Course plus Soccer:** 16 hours of soccer training plus 15 hours of English classes per week.
- **Development Programme:** designed to involve participants to practice and learn all footballing abilities.
- **Goalkeeping Programme:** specialised position training with unique drills & coaching insight. This programme is only available in July from 4th July to 16th July 2021
- This programme runs from Monday to Friday

#### ENGLISH LANGUAGE TEACHING

Our programme is accredited by the British Council to guarantee the highest quality of service in English classes. Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a soccer context. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level.

In addition to the use of the latest video analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham United Foundation's staff and covering areas including Scouting/Player identification, Nutrition and Physical Conditioning and other specialist areas. During the course participants will have visits from a Professional or Youth Academy player from West Ham United who will share their expertise and knowledge of the professional sports world. A personal soccer assessment will be given at the end of the programme.

#### KEY FACTS

##### LOCATION

London

##### ACCOMMODATION

University of East London,  
(Docklands Campus)

##### TRAINING GROUND

West Ham United Stadium  
Training Complex

##### PROGRAMME AVAILABLE

Individuals & groups  
High Performance  
Development Programme

##### DURATION

1-5 weeks

##### START DATES

Session 1 4th - 16th July 2021  
Session 2 18th - 31st July 2021  
Session 3 1st - 7th August 2021

##### AGE RANGE

Boys/Girls 10-17  
Goalkeeping Boys/Girls  
12-17

##### OPTIONAL

Goalkeeping training  
English classes

## WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United Stadium training complex
- 15 hours of English classes (if requested)
- West Ham Foundation training kit
- 1 half-day West Ham Stadium Tour
- Player 'Meet & Greet'
- Personal soccer assessment
- Seminar and video analysis
- Personal development plan
- Excursion: 2 half-day to Wembley Stadium
- Daily transfer to training facilities by coach
- 1 full-day (London Tour) for 2-week students
- Free, supervised internet access
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches at West Ham Stadium in a player's closing ceremony

## PROGRAMME FEES

| Programme                                    | Course Type      | Duration | Day Camp Price |
|--|------------------|----------|----------------|
| High performance programme + English classes | Soccer & English | 2 weeks  | £2,150         |
| High performance programme                   | Soccer           | 2 weeks  | £1,950         |
| Development programme + English classes      | Soccer & English | 1 week   | £2,075         |
| Development programme                        | Soccer           | 1 week   | £1,875         |
| Registration Fee £100                        |                  |          |                |
| Medical insurance: £15 per week - Mandatory  |                  |          |                |

\* Goalkeeping training is only available in July from 4th July to 16th July 2021

\* **Optional** Sunday excursion **£50**

- Day Camp Programme runs from **Monday to Friday**. Consists of 16 hours of soccer per week and incorporates practical training on skills and tactics.
- **Arrivals** are on the **Sunday** prior to the course start date. **Departures are on Friday**.
- It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.

## PROGRAMME MEETING POINT - UNIVERSITY OF EAST LONDON

- **Drop off:** Drop off time is 8:30 a.m.
- **Pick up:** Pick up time is 6:00 p.m.
- Students must check in at the residence on the Sunday prior to the course start date.

