JUNIOR SPORTS PROGRAMMES 2020

IN ASSOCIATION WITH:

Chelsea FC Foundation
Real Madrid Foundation
Atlético de Madrid
Rafa Nadal Academy
Academia Tenis Ferrer

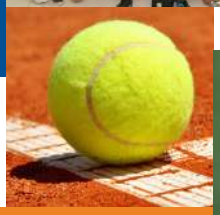
Soccer

English

Español

Madrid

Tennis



Manchester

Majorca

London

Dance

Summer

Soccer

Dublin

Golf

Verano

Accredited by the BRITISH COUNCIL for the teaching of English

MEMBER ENGLISH UK

YOUNG LEARNERS ENGLISH UK

CONTENTS

03 WELCOME

04 LONDON

06 CHELSEA FC FOUNDATION SOCCER SCHOOL RESIDENTIAL

08 CHELSEA FC FOUNDATION SOCCER SCHOOL DAY CAMP

10 ESPORT TALENT PROGRAMME & ENGLISH

12 CRICKET ACADEMY

14 INTERNATIONAL TENNIS ACADEMY WIMBLEDON

16 DANCE PROGRAMME

18 INTERNATIONAL ELITE GOLF ACADEMY PROGRAMME

20 DISCOVER LONDON

22 MANCHESTER

24 CITY FOOTBALL SCHOOLS

26 MANCHESTER SOCCER ACADEMY

28 PRO CLUB SHOWCASE EXPERIENCE

30 PRO CLUB ACADEMY EXPERIENCE

32 USN BOLTON ARENA INTERNATIONAL HIGH PERFORMANCE ACADEMY

34 DISCOVER MANCHESTER

36 DUBLIN

38 DISCOVER DUBLIN

40 KILLARY OUTDOOR ADVENTURE CAMP

42 MADRID

44 STANDARD CAMPUS EXPERIENCE REAL MADRID FOUNDATION

46 HIGH PERFORMANCE CAMPUS EXPERIENCE REAL MADRID FOUNDATION

48 ATLÉTICO DE MADRID SOCCER CAMP

50 MAJORCA

52 RAFA NADAL ACADEMY

54 ALICANTE

56 ACADEMIA TENIS FERRER

58 PARENTS & CHIDREN

WELCOME TO OUR PROGRAMMES!

Our programmes combine the best, high–quality sports programmes with unique locations such in United Kingdom, Ireland, and Spain. The schedule has been carefully designed for teenagers from all over the world to blend a mixture of fun and education, in order to provide an unforgettable experience.

We are pleased to offer an exceptional range of summer & year-round programmes incorporating multiple activities and featuring the world-renowned Chelsea FC Foundation Soccer School, Real Madrid Foundation, Rafa Nadal Academy and Academia Tenis Ferrer among others.

Our Choices Manchester Soccer Academy, in association with Bolton Wanderers, provides a year-round soccer academy with a professional UK team. Soccer is combined with academic study and provides a route for aspiring players to enter the professional arena.

- We aim to offer you the best, high-quality programmes combined with unique locations.
- We offer a wide and exciting choice of sports programmes, excursions and activities.
- We emphasize student well-being, safety and security.
- Our English teachers are highly-qualified with suitable experience and using the latest methodologies.
- School facilities and accommodation are selected for their standards of excellence.
- We cater for individuals and groups.

We look forward to welcoming you to our camps!

Inma Sánchez
Managing Director

LONDON

LONDON is the capital and largest urban area of both England and the United Kingdom. Our residential college is set on a beautiful traditional campus in southwest London. Our students benefit from both being close to London and living in a friendly environment.

Participants have the chance to improve their soccer skills by taking part in one of our leading soccer programmes at Chelsea FC Foundation Soccer Schools. For those who are keen on playing tennis, the International Elite Academy is the right place to practice tennis at a professional level..

FOUNDATION

CHELSEA FC FOUNDATION SOCCER SCHOOL

Develop your soccer skills with the world famous Chelsea FC Foundation Soccer School coaching programme and gain an insight into the techniques and training methods of the Champions.

Participants can choose between different options:

- Soccer Programme: consists of 16 hours of soccer per week and incorporates practical training on skills and tactics.
- English Course plus Soccer: 16 hours of soccer training plus 15 hours of English classes per week.
- Girls' Development Programme: girls-only training designed to involve girls of all footballing abilities. This programme is only available during first two weeks of July.
- Goalkeeping Programme: consists of 16 hours of specialised position training with unique drills & coaching insight. This programme is only available in the first two weeks of July.

WHAT IS YOUR LEVEL OF SOCCER?

- Standard: For participants who want to learn or practice soccer.
- Advanced: For participants who are playing for a club or are highly skilled.

ENGLISH LANGUAGE TEACHING

Our programme is accredited by British Council to guarantee the high quality of service in English classes.

Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a soccer context. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level.

Every Wednesday our teachers will give seminars incorporating video analysis of matches but also they will cover important aspects such as tactics, techniques, nutrition and sports psychology as part of the soccer programme. During the course students will have visits from a Chelsea FC or Chelsea FC Foundation speaker who will share their expertise & knowledge of the professional sports world.

RESIDENTIAL ACCOMMODATION

Individual en-suite rooms at Roehampton University, Froebel College.

KEY FACTS

LOCATION
London

TRAINING GROUNDS
Cobham, Surrey (1 day/week)
Doverhouse Road Playing Fields (3 days/week)

DURATION
1- 6 weeks

START DATES

Soccer
28h June
5th, 12th, 19st ,26th July
2nd August

Soccer + English
28h June
5th July, 12th, 19st ,26th July
2nd August

Girls Development
28h June & 5th July

Goalkeeping
28h June & 5th July

AGE RANGE
Standard:
Boys 10 - 17 & Girls 12 - 17
Advanced:
Boys & girls: 13 - 17
Goalkeeping:
Boys & girls: 13- 17

A WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 1-day of training at Chelsea FC´s Facility at Cobham.
- 3-days training at Doverhouse Road Playing Fields.
- 15 hours of English classes (if requested).
- Chelsea FC Foundation training kit.
- Full-board residential accommodation.
- Evening activities every night for residential students.
- 1 half-day Stamford Bridge Stadium Tour
- 2-week students will also have a half-day excursion to Kingston Upon Thames with shopping
- 1 full-day (London Tour) for 2-week students.
- Free, supervised internet access.
- All students will receive their Cheslea FC Foundation certificate from their coaches at Cobham in a player´s closing ceremony.

PROGRAMME FEES

Programme	Course Type	Duration	Price
Soccer Programme + Language	Soccer & English	2 weeks (13 nights)	£ 2675
Soccer Programme:	Soccer	2 weeks (13 nights)	£ 2475
Soccer Programme + Language	Soccer & English	1 week (6 nights)	£ 1425
Soccer Programme:	Soccer	1 week (6 nights)	£ 1275
Registration fee	£ 100		
Residential accommodation deposit paid in cash on arrival - Mandatory			£ 100 (reimbursable)
Medical insurance £ 15 per week. - Mandatory			

- Students doing **1-week programe** will have 1 half-day excursion to Stamford Bridge.

OPTIONAL FEES:

- Extra night **£ 125.**
- **Optional** Sunday excursion **£ 40.**

* **Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded: last minute changes will incur an extra cost.

UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE EACH WAY
£ 65

FOUNDATION

CHELSEA FC FOUNDATION SOCCER DAY CAMP

Chelsea FC Foundation Soccer School Day Camp is designed for children who want a fun holiday experience while they practise their favourite sport and improve their English language skills.

With the **Choices Day Camp Programme** children will have a chance to build self-confidence and to participate in team building activities. We want to ensure students enjoy their summer stay with us and to learn useful skills for the future. We create a warm, fun and safe environment for children, within excellent facilities.
This programme runs from Monday to Friday.

Day camp participants can choose between different options:

- Soccer Programme: consists of 16 hours of soccer per week and incorporates practical training on skills and tactics.
- English Course plus Soccer: 16 hours of soccer training plus 15 hours of English classes per week.
- Girls' Development Programme: girls-only training designed to involve girls of all footballing abilities. This programme is available in the first two weeks of July.
- Goalkeeping Programme: consists of 16 hours of specialised position training with unique drills & coaching insight. This programme is only available in the first two weeks of July.

WHAT IS YOUR LEVEL OF SOCCER?

- Standard: For participants who want to learn or practise soccer.
- Advanced: For participants who are playing for a club or are **highly skilled**.

ENGLISH LANGUAGE TEACHING

Our programme is accredited by British Council to guarantee the high quality of service in English classes.
Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a soccer context. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level.

Every Wednesday our teachers will give seminars incorporating video analysis of matches but also they will cover important aspects such as tactics, techniques, nutrition and sports psychology as part of the soccer programme. During the course students will have visits from a Chelsea FC or Chelsea FC Foundation speaker who will share their expertise & knowledge of the professional sports world.

KEY FACTS

LOCATION
London

TRAINING GROUNDS
Cobham, Surrey (1 day/week)
Doverhouse Road Playing Fields (3 days/week)

DURATION
1- 6 weeks

START DATES

Soccer
28h June
5th, 12th, 19st ,26th July
2nd August

Soccer + English
28h June
5th July, 12th, 19st ,26th July
2nd August

Girls Development
28h June & 5th July

Goalkeeping
28h June & 5th July

AGE RANGE
Standard:
Boys 10 - 17 & Girls 12 - 17
Advanced:
Boys & girls: 13 - 17
Goalkeeping:
Boys & girls: 13- 17

A WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 1-day of training at Chelsea FC´s Facility at Cobham.
- day of training at Chelsea FC´s very own world-class training facility the Cobham Training Grounds
- 3-days of training at Doverhouse Road Playing Fields
- Lunch included.
- Chelsea F.C. Foundation training kit.
- 15 hours of English classes (if requested).
- 1 half-day Stamford Bridge Stadium Tour
- 2-week students will also have a half-day excursion to Kingston Upon Thames with shopping
- All students will receive their Cheslea FC Foundation certificate from their coaches at Cobham in a player´s closing ceremony.

PROGRAMME FEES

Programme	Course Type	Duration	Price
Soccer programme + Language	Soccer & English	2 weeks	£ 2075
Soccer programme	Soccer	2 week	£ 1875
Soccer programme + Language	Soccer & English	1 weeks	£ 1125
Soccer programme	Soccer	1 week	£ 975

Registration fee	£ 100
Programme deposit fee £ 100 (reimbursable) - Mandatory	
Medical insurance £ 15 per week - Mandatory	

- Day Camp Programme runs from **Monday** to **Friday**. Consists of 16 hours of soccer per week and incorporates practical training on skills and tactics.
- **Arrivals** are on the **Sunday** prior to the course start date. **Departures are on Friday.**
- It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.

PROGRAMME MEETING POINT - ROEHAMPTON UNIVERSITY

Drop off: Drop off time is 8:30 a.m.

Pick up: Pick up time is 6:00 p.m.

Students must check in at the residence on the Sunday prior to the course start date.

ESPORTS TALENT PROGRAMME & ENGLISH

Introducing our new eSports Talent Programme. The perfect course for students who love gaming and want to combine their passion with their need to improve their English fluency.

KEY FACTS

LOCATION
London

DURATION
1 week minimum
2 & 3 week options available

START DATES
12th July, 19th July & 26th July

AGE RANGE
14 - 18

THE INSTRUCTOR
Toby "Tobiwan" Dawson

"Every talent is different, learn how you can stand out" - Tobiwan

The eSport industry is growing and Choices International´s unique programme gives students hands-on, experience-based learning. Our experience is designed to strengthen student's skills and understanding of eSports.

- A highly unique course for young learners
- 20 eSport classroom hours
- Taught by world renowned gaming commentator Toby "Tobiwan" Dawson
- Evening cultural activities
- Friendly campus residential accommodation

ENGLISH LANGUAGE TEACHING

Our programme is accredited by British Council to guarantee the high quality of service in English classes.

Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a soccer context. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival and placed with other students of approximately the same level.

RESIDENTIAL ACCOMMODATION

Our residences are well situated in central London. The sites offer perfect opportunities for students to learn in close-knit community environments. Comfortable rooms and high-specification study areas provide a perfect atmosphere.

THE INSTRUCTOR

Toby "Tobiwan" Dawson will lead the eSport Programme classes. Toby is a world-renowned commentator who has cast almost every genre of game in eSports including FPS, RTS, MOBA, Battle Royale & more.

He will be bringing his experience both on & off the camera to all those who are looking to find a path into this profession.

A WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 20-hours eSports Talent Programme
- 15-hours English and Culture
- Pre-arrival English placement test
- All learning materials
- 2 walking tours
- Afternoon and Evening activities.
- Full-board residential accommodation.
- 24/7 reception & security
- Free, supervised 100mb high-speed internet access.
- eSports Closing event in the final evening

PROGRAMME FEES

Programme	Residential Type	Duration	Price
eSports Programme + Language	Private Single + full board	1 week (6 nights)	£ 1065
eSports Programme + Language	Shared Twin+ full board	1 week (6 nights)	£ 999
eSports Programme + Language	Shared Triple+ full board	1 week (6 nights)	£ 950
Registration fee	£ 155		
Medical insurance £ 15 per week. - Mandatory			

OPTIONAL FEES

- IELTS Exam - £195
- Weekend excursions to Oxford, Brighton or similar

* **Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded: last minute changes will incur an extra cost.

UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE EACH WAY
£ 65

CRICKET ACADEMY BY CHOICES INTERNATIONAL

Choices International are providing a unique opportunity for junior players to train in London, the historic center of world cricket. As the home of English Cricket London has hosted over 200 years of cricket history. The world´s most famous players train and compete in the city each summer and through the Choices International Cricket Academy junior players can follow the training experiences of the elite. Led by world-class coaches at a leading training facility players will have access to the latest technology and techniques to enhance their skills.

KEY FACTS

LOCATION
London

DURATION
1 week minimum

START DATES
May & July

AGE RANGE
10 to 17

PROGRAMME AVAILABLE TO
Groups & individuals

PROGRAMME

The programme provides skills training as well as opportunities for games & competitive matches at the world-class cricket facilities. Training is overseen by the highly-experienced coaches who will provide insight and advice supported by the use of the latest performance analysis technology:

Our training sessions are run in small groups to maximise coaching time. Players of all abilities are welcome to learn from this in-depth experience. We offer two different training preperformance levels:

Silver Development Programme

Fun and Enjoyable training with strong technical coaching to help players improve. Emphasis on individual skills through specialised classes, with all players being given a future performance plan and report to build on at their home club.

Gold High Performance Programme

Technical coaching and analysis to help players strive towards their targets and aspirations. Players will also spend time learning about tactical analysis and team responsibilities. All individuals will receive a comprehensive performance review.

Batting analysis

Pitchvision technology allows the coaches to offer in-net analysis of a player's performance. This provides instant form feedback in the net itself and maximises the coaching experience. Player reports will include a video of performance and stats package.

Bowling analysis

Using HawkEye, coaches can accurately pin-point bowling speed, line and length to measure areas of performance enhancement. Players can experience visual feedback in virtual-reality delivery play-back within a virtual match environment.

A WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 4 hours of daily coaching.
- Training at high-quality London facilities.
- Detailed coaching analysis using advanced equipment and technology.
- All training transport provided
- Full board, residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for a 2-week bookings to exciting London locations.
- Free, supervised internet access.
- Closing presentation & certificate award.

PROGRAMME FEES per week

COURSES	1-WEEK	2-WEEKS	ADDITIONAL WEEKS
Development Programme	£1,550	£3,100	£1,550
High Performance Programme	£1,690	£3,380	£1,690
Registration Fee	**£ 150**		
Medical insurance - Mandatory	£ 15 per week		
RESIDENTIAL ACCOMMODATION DEPOSIT PAID IN CASH ON ARRIVAL- Mandatory			£ 100 reimbursable

OPTIONAL FEES:
- Extra night £ 125
- **Optional** Sunday excursion £ 40

* **Arrivals** are on **Sunday**s. Training is run between Monday and Friday. **Departures** are on **Saturdays.**
** It is compulsory to pay the residential **deposit in cash on arrival**.
*** It is compulsory to bring the **original passport to the camp**. The document will be kept by Choices staff.

AIRPORT TRANSFERS

Choices International Transfer Services offer personal meet and greet services from any airport in London at any time. Large groups can be collected by coach or individuals can be collected by private car.
Please enquire about group coach costs.
Private car transfer prices per person based on one-way transfer:

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.
** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
*** Flight information must be provided 20 days prior to arrival.
**** Transfer fees won't be refunded: last-minute changes will incur an extra cost.

UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE EACH WAY
£ 65

INTERNATIONAL TENNIS ACADEMY WIMBLEDON

Take your game to the next level, make lasting friendships on court, be inspired to become a better player – create your tennis story!

Join a group of highly qualified teaching professionals and learn about the history of tennis in Wimbledon, how the Champions were made and how to improve your skills to make you understand how to become a better tennis player.

Participants can choose a course according to their level:

English plus Tennis programme (Beginner / Intermediate level)

For participants who wish to improve their language skills (focusing on vocabulary development) and to improve and practise their tennis techniques. It consists of 15 hours of tennis training plus 12 hours of English course (including video analysis session, vocabulary focused on tennis, techniques and tactics).

English Language Teaching

Our programme is accredited by British Council to guarantee the high quality of service in English classes.

Language tuition uses a fun, participative approach to learning and emphasises spoken language skills. Students receive 12 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level. Created exclusively by Choices International, the programme develops English skills within a tennis context.

Residential Accommodation

Individual en-suite rooms at Roehampton University, Froebel College.

Day Camp Meeting Point - Roehampton University

Drop off: Drop off time is 8:30 a.m.
Pick up: Pick up time is 6:00 p.m.
Students must check in at the residence on the Sunday prior to the course start date.

LTA and/or ITF registered coaching staff

KEY FACTS

LOCATION
London

TRAINING GROUNDS
Wimbledon Park

DURATION
1 - 4 weeks

START DATES
Tennis
28th June
5th, 12th, 19st July
Tennis & English
28th June
5th, 12th, 19st July

AGE
Boys & Girls
Residential Camp: 10 - 17
Day Camp: 10 - 17

THE RESIDENTIAL CAMP INCLUDES

- 15-hours of tennis training per week.
- 12 hours of English tuition per week.
- Full board, residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for a 2-week bookings to exciting London locations.
- Free, supervised internet access.
- Closing presentation & certificate award.

THE DAY CAMP INCLUDES

- 15-hours of tennis training per week.
- 12-hours of English tuition per week.
- Lunch included.
- 1 half-day excursion to an exciting London location
- Free, supervised internet access.
- Closing presentation & certificate award.

PROGRAMME FEES per week

Programme	Course Type	Duration	Price
Tennis training + Language - Residential	Tennis & English	2 weeks (13 nights)	£ 2990
Tennis training - Residential	Tennis	1 week (6 nights)	£ 1400
Tennis training + Language - Day Camp	Tennis & English	2 weeks	£ 2400
Tennis training - Day Camp	Tennis	1 week	£ 1050
Registration fee	£ 100		
RESIDENTIAL ACCOMMODATION DEPOSIT PAID IN CASH ON ARRIVAL - mandatory			£ 100 (reimbursable)

* **Medical insurance £ 15 per week. -** Mandatory

OPTIONAL FEES:

- Extra night **£ 125.**
- Sunday excursion **£ 40.**

* Arrivals are on the Sunday prior to the course start date. Departures are on the Saturday for residentials. Day camp departures are on Friday.

** It is compulsory to pay the residential **deposit in cash on arrival**.

*** It is compulsory to bring the **original passport to the camp**. The document will be kept by Choices staff.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in the London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded: last-minute changes will incur an extra cost.

PRICE EACH WAY

£ 65

UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

DANCE PROGRAMME - LONDON

Dance knows no limitations; it simply is, in its various rhythms and styles, the most joyful expression of life!

KEY FACTS

LOCATION
London
Roehampton University
&
Pineapple Dance Studios

DURATION
2 or 4 weeks
(minimum stay 2 weeks)

START DATES
28th June
12th JulY

AGE RANGE
Boys & Girls
Residential Camp: 10 - 17
Day Camp: 9 - 17

The world-famous Pineapple Dance Studios in London will lead Choices International participants to gain new techniques and performance skills.

This programme is designed for beginner, intermediate and advanced dancers. Choose from various styles:

- Street Dance
- Musical Theatre
- Jazz, Contemporary, Ballet and Commercial

Enjoy the influence of the diverse cultures and dance styles that are an essential part of the international community, as well as the impact of the glamorous entertainment industry on exotic dance moves. **Take your talent to the extreme!**

Our Aims

- Provide students with an exceptionally high standard of teaching in all aspects of dance and theatre studies.
- Encourage and reward effort and achievement.
- Respect and encourage the individuality of each and every student.

English Language Teaching

Our programme is accredited by British Council to guarantee the high quality of service in English classes. Created exclusively by Choices International, the programme develops English and communication skills.

Residential Accommodation

Individual en-suite rooms at Roehampton University, Froebel College.

Day Camp Meeting Point - Roehampton University

Drop off: Drop off time is 8:30 a.m.
Pick up: Pick up time is 6:00 p.m.
Students should check in at the residence on the Sunday prior to the course start date.

THE RESIDENTIAL CAMP INCLUDES

- 10 1-hour dance sessions per week.
- 12 hours of English tuition per week.
- Full board, residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for a 2-week bookings to exciting London locations.
- Free, supervised internet access..
- Closing presentation & certificate award.

THE DAY CAMP INCLUDES

- 10 1-hour dance sessions per week.
- 12 hours of English tuition per week.
- Lunch included.
- 1 half-day excursion to an exciting London location
- Free, supervised internet access..
- Closing presentation & certificate award.

PROGRAMME FEES per week

COURSES	RESIDENTIAL CAMP	DAY CAMP
Dance Programme plus English Classes	£ 1550	£ 1225
Registration fee	£ 100	
RESIDENTIAL ACCOMMODATION DEPOSIT PAID IN CASH ON ARRIVAL - mandatory		£ 100 (reimbursable)

* **Medical insurance £ 15 per week. -** Mandatory

OPTIONAL FEES:

- Extra night **£ 125.**
- **Optional** Sunday excursion **£ 40.**

* The dance programme is structured in **blocks of 2 weeks**.

** **Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday for residentials. Day camp departures are on Friday.**

*** It is compulsory to pay the residential **deposit in cash on arrival**.

**** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.

***** **This programme is subject to a minimum number of 5 students.**

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded: last-minute changes will incur an extra cost.

PRICE EACH WAY
£ 65

UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

INTERNATIONAL ELITE GOLF ACADEMY - LONDON

Develop your golf skills in our International Golf Camp in London. The International Elite Golf Academy is a great way for junior golfers to take their game to the next level. Whether they are a recreational golfer, or a competitive junior golfer, our team can meet their needs in a fun and challenging environment.

KEY FACTS

CAMPUS LOCATION
Roehampton University

TRAINING LOCATION
London

DURATION
2- 4 weeks
(minimum stay 2 weeks)

START DATES
28th June
12th July

AGE RANGE
Boys & Girls
10 - 17

The daily programme will cover techniques for all aspects of the game including long play, short play, full swing, bunker shots, putting and physical fitness. Students will also work on their mental attitude, etiquette and competitive play.

Participants can choose between different options:

English + Golf Camp (Beginner / Intermediate Level)

For participants who wish to improve their language skills (focusing on vocabulary development) as well as practise their golf techniques.

English + Golf Camp (Elite Programme)

For participants with a handicap who wish to improve their language skills and to continue development in their techniques at golf, emphasizing swing analysis and course management.

A standard day will consist of 3 hours of language classes and 2 hours of golf coaching.

Residential Accommodation

Individual en-suite rooms at Roehampton University, Froebel College.

Day Camp Meeting Point - Roehampton University

Drop off: Drop off time is 8:30 a.m.
Pick up: Pick up time is 6:00 p.m.
Students should check in at the residence on the Sunday prior to the course start date.

THE RESIDENTIAL CAMP INCLUDES

- 10 hours of training at a world-class London facility.
- 12 hours of English tuition per week.
- Full board, residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for a 2-week bookings to exciting London locations.
- Free, supervised internet access.
- Closing presentation & certificate award.

THE DAY CAMP INCLUDES

- 10 hours of training at a world-class London facility.
- 12 hours of English tuition per week.
- Lunch included.
- 1 half-day excursion to an exciting London location
- Free, supervised internet access..
- Closing presentation & certificate award.

PROGRAMME FEES per week

COURSES	FEES	DAY CAMP
Golf programme plus English Classes	£ 1690	£ 1390
Registration Fee	**£ 100**	
Medical insurance - Mandatory	£ 15 per week	
RESIDENTIAL ACCOMMODATION DEPOSIT PAID IN CASH ON ARRIVAL- Mandatory		£ 100 (reimbursable)

OPTIONAL FEES:
- Extra night £ 125.
- **Optional** Sunday excursion £ 40.

* The golf programme is structured in **blocks of 2 weeks**.
** **Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday for residentials. Day camp departures are on Friday.**
*** It is compulsory to pay the residential **deposit in cash on arrival**.
**** It is compulsory to bring the **original passport to the camp**. The document will be kept by Choices staff.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in the London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.
** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
*** Flight information must be provided 20 days prior to arrival.
**** Transfer fees won't be refunded: last-minute changes will incur an extra cost.

PRICE EACH WAY
£ 65

UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

DISCOVER LONDON

Choices International is pleased to offer our destination LONDON

KEY FACTS

LOCATION
London

ACCOMMODATION
Roehampton University,
Froebel College
Individual en-suite room

DURATION
1 week minimum

START DATES
Session 1
28th June - 11th July
Session 2
12th - 25th July
Session 3
26th July - 8th August

AGE RANGE
11 - 17 years old

EXCURSIONS
Two Half-Day and
one Full Day per week

Fully supervised activities
every afternoon and evening

A world-class University location

Our Summer Camp programme takes place within the stunning Roehampton university campus. This Is a beautiful 54-acre parkland campus, with historic buildings alongside modern, cutting-edge facilities, including a brand new, state-of-the-art Library. The campus helps us provide a close-knit community feel for our students and a peaceful environment in which to study and live.

Located in the heart of south-west London and within easy reach of central London, studying with us will give you the best of both worlds: the community feel of a traditional university campus, with the culture and excitement of one of the greatest cities in the world.

A unique London Study-Experience

Our programme includes a fun range of multi-sports activities and excursions designed to really integrate you into London life and introduce you to the most significant London sites in Britain. At the same time, you will enhance your language skills through our interactive English course. All our teachers are native, accredited and highly qualified professionals.

Our programme is accredited by British Council to guarantee the high quality of service in English classes. Language tuition uses a fun, participative approach to learning and emphasises spoken language skills. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level.

PROGRAMME

London is the capital and largest urban area of both England and the UK. Our students benefit from both being close to London and living in a friendly environment. They will discover the best of British culture and beyond to find out what makes Great Britain so great by visiting all of its wonderful landmarks. like the Parlament, Big Ben, Westminster Cathedral, and watch the sunset behind the London Eye. Wherever you choose, you're sure to be captivated by the city's atmospheric charm. A sample of some activities:

- Visit to the Historical places at Kingston-Upon-Thames (the city where the first king in England was crowned)
- British Museum
- The London Eye.
- Walking shopping tour at Kingston
- Walking tours through different parts of London.
- Fun evening programmes at the school.

RESIDENTIAL ACCOMMODATION

Individual en-suite rooms at Roehampton University, Froebel College.

THE PROGRAMMES INCLUDES:

- Placement test
- 15 hours of English classes.
- Full-board residential accommodation.
- Daily afternoon and evening programme in English
- Excursion: two half-day excursions (London Eye, Kingston-Upon-Thames)
- One full day excursion (London tour)
- Fully supervised activities
- IT-room with free, supervised internet access
- Free Wi-Fi at the school.
- Individual en-suite room
- Closing ceremony & certificates

PROGRAMME FEES

COURSE FEES	
Social activities + English classes (1 week)	£ 1,100
Social activities + English classes (2 weeks)	£ 2,200
Registration fee	£ 100

* **Medical insurance** £ 15 **per week** - Mandatory.

** **Deposit paid in cash on arrival of £100 (reimbursable) -** Mandatory

*** Arrivals are on Sundays. Departures are on Saturdays.

OPTIONAL FEES:
- Extra night **£ 125.**
- **Optional** Sunday excursion **£ 40.**

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in Great Britain at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 115	£135	£ 150	£ 150	£ 110	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

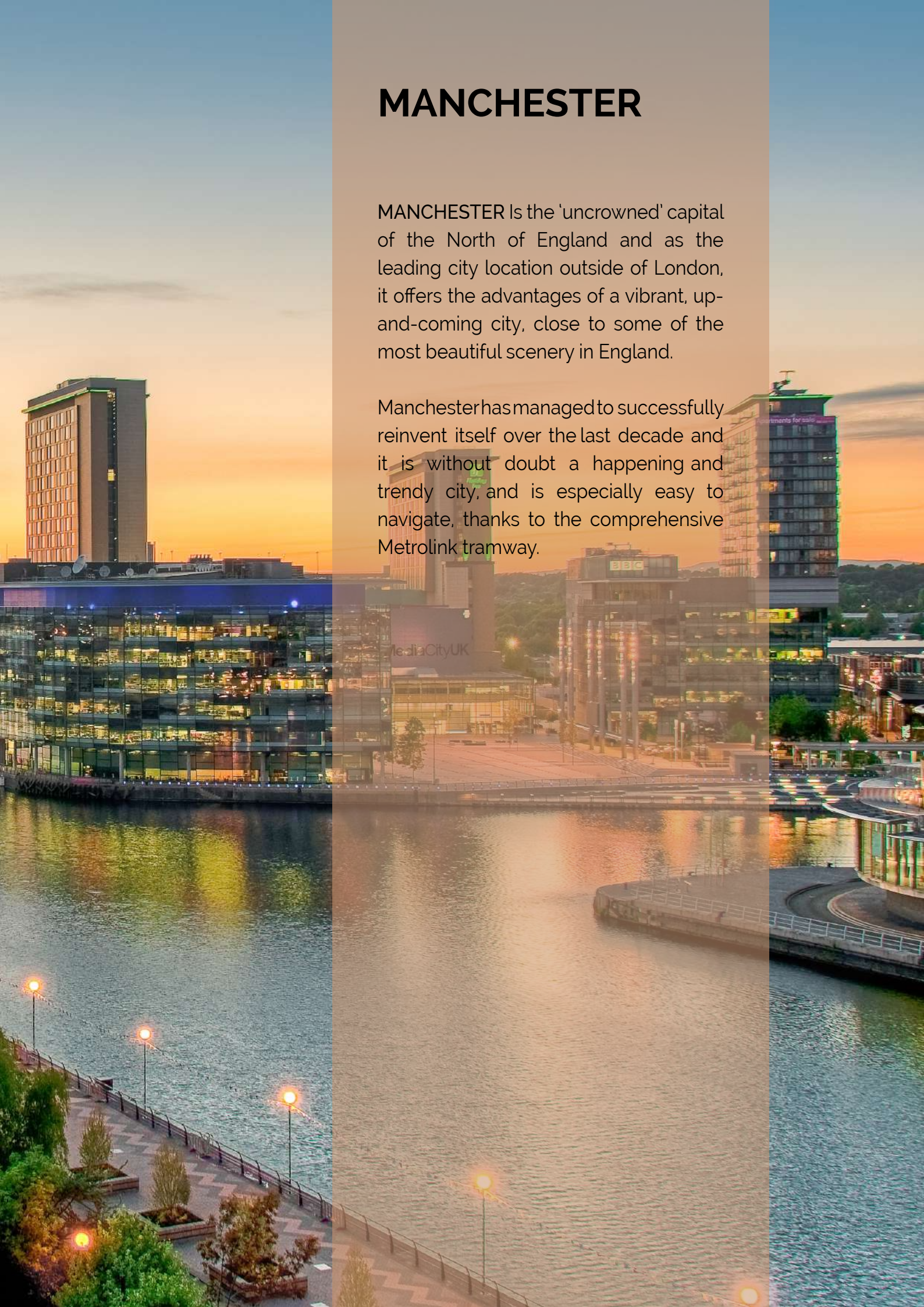
*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded: last minute changes will incur an extra cost.

MANCHESTER

MANCHESTER Is the 'uncrowned' capital of the North of England and as the leading city location outside of London, it offers the advantages of a vibrant, up-and-coming city, close to some of the most beautiful scenery in England.

Manchester has managed to successfully reinvent itself over the last decade and it is without doubt a happening and trendy city, and is especially easy to navigate, thanks to the comprehensive Metrolink tramway.



JOIN US!

CITY FOOTBALL SCHOOLS, MANCHESTER CITY

The City Football School is an inspiring football education programme with **Manchester City** in the heart of the **Etihad Campus.**

PLAY BEAUTIFUL FOOTBALL

Delivered by City Football Schools coaches who are experienced in Manchester City's philosophy and methodology, football training sessions will provide an authentic insight into how Manchester City players train on a daily basis.

DEVELOP YOUR ENGLISH SKILLS

Delivered by qualified teachers with a passion for football, English language sessions draw on interactive technology to make learning an enjoyable and memorable experience.
Players will receive 30 hours of football coaching throughout the programme, where coaches will continually integrate and reinforce learning both on and off the pitch.

PROGRAMME OPTIONS

City Football Language School (CFLS) combines the English language with football coaching in a fully aligned and interactive programme, where the primary focus is to improve communication skills and develop confidence both on and off the pitch.

City Football Performance Programme (CFPP) is an intensive 5-night football training programme for players who are committed to improving their individual game in a professional environment. Take your game to the next level! This Programme starts on Sundays and ends on a Friday afternoon. Optional Friday Night and Saturday accommodation available to book.

City Football Development Programme (CFDP) is a fun and exciting 5-night football training programme for enthusiastic your players. This programme starts on Sundays and ends on a Friday afternoon. Optional Friday Night and Saturday accommodation available to book.

WHAT'S INCLUDED

Two-week summer courses include the following:

- 30 Hours of Football Training
- 30 Hours of English Language
- Training Wear
  City Football Schools Kit, suitable for all weathers and available to keep.
- Digital Self-Study
- Club Content
- Access to exclusive Manchester City materials
- Certificate & Report
- Closing Ceremony at the Etihad Stadium
- Etihad Stadium Tour
- Evening Activities
- Weekend Excursions
- Trips to the National Football Museum & a major theme park
- Full-Board Meals

ACCOMMODATION

All players coming to our **SUMMER** programmes will stay in modern, high-quality university accommodation, including:

- Private en-suite bedrooms with study desk and Wi-Fi & 24-hour security.
- Full-board meals (breakfast and dinner at the residence; lunch at Connell College; packed-lunches at the weekend).
- Excellent sports and swimming facilities, as well as communal lounges with Sky TV, games consoles, pool tables, study areas, a cinema room.
- Private daily coach transfer to and from City Football Academy.
- Free laundry provided for training kit; laundry facilities available for personal items at extra cost 13 nights' accommodation. An extra night's stay for earlier arrival or later departure is available at additional cost.

PROGRAMME START DAYS	Age Range	Starting Dates		
SPRING		April		
City Football Performance Programme (CFPP)		5 April	-	-
City Football Development Programme (CFDP)		12 April	-	-
SUMMER		June	July	August
City Football Language School (CFLS)	Boys 12 - 17	28 June	12, 26 July	-
	Girls 12 - 17	28 June	-	-
	Juniors 9 - 11		12, 26 July	-
City Football Performance Programme (CFPP)	Boys 14 - 17	28 June	5,12,19,26 July	2, 9, 16 August
	Girls 14 - 17	28 June	5 July	2 August
City Football Development Programme (CFDP)	Boys 9 - 13	28 June	5,12,19,26 July	2, 9, 16 August
	Girls 9 - 13	28 June	5 July	2 August

PROGRAMME FEES	Course Type	Duration	Price
CFLS	Football & English	2 weeks (12 nights)	£ 3175
CFPP	Football	1 week (5 nights)	£ 1650
CFDP	Football	1 week (5 nights)	£ 1225
Registration fee		£ 100	
Medical insurance - Mandatory		£ 15 per week	

* Cost of optional extra Friday night accommodation: £65.00. Cost of optional extra Saturday night acccomodation, excursion & activities £135.00

AIRPORT TRANSFERS - Prices per person based on one-way transfer.

Choices International Car Transfer Services offer a personal meet and greet service from Manchester and Liverpool airports to the residence.

	MANCHESTER AIRPORT	LIVERPOOL AIRPORT
INDIVIDUALS	£ 75	£ 100
GROUPS (10 or more students)	£ 50	-

* Transfer fees won't be refunded: changes in the last minute will incur an extra cost.
** Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.
*** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
**** Flight information must be provided 20 days prior to arrival.

UNACCOMPANIED MINOR SERVICE FEE	£ 65 Pice each way

Mandatory when requested by the airline company

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

MANCHESTER SOCCER ACADEMY

The football academy study abroad programme is aimed at students who wish to study English or an Academic Year and to train and practise in our soccer Academy in Manchester.

KEY FACTS

LOCATION
Manchester

TRAINING GROUNDS
Salford Sport Centre

DURATION
Minimum stay: 2 weeks
Our academy is open throughout the year

START DATES
Every Monday
(except Bank Holidays).

AGE RANGE
16 - 21 All year students
14 - 21 Summer programme

The Soccer Academy provides integrated specialization in soccer for students in order to improve their ability in English as well as their soccer skills. Our aim is to improve players' individual and team performances.

Our UK based football academy encourages development in football skills, while understanding the need for continued education.

The training programme consists of 5 days' training with an activity on each of those 5 days. There will be at least 3 training sessions per week, with other sessions providing recovery training.

There are 4 general types of activities:

- Football training session
- Fitness sessions
- Matches
- Recovery sessions

Training sessions last 45 minutes each. Matches can be up to 2-3 hours as they include warm up and half-time. There will be an activity of at least 1.5 hours each day Monday to Friday.

ENGLISH LANGUAGE TEACHING

The General English classes concentrate on improving every aspect of your English. Our approach is to provide a stimulating and highly-interactive environment in which you can develop your language skills. In your General English class, you will work on speaking skills, listening skills, reading skills, writing skills, pronunciation and grammar & vocabulary.

PROGRAMME FEES

	Soccer + English classes	Soccer
Homestay price per week	£ 850	£ 650
Day Camp price per week	£ 650	£ 500
Minimum stay: 2 weeks		

* Residential accommodation avalible subject to avalibility for 18 to 21 year olds. Please enquire about prices.

- Medical insurance £ 15 per week - Mandatory
- Course Registration Fee **£ 100**
- A Summer supplement of **£ 35** per week is applicable over July and August.
- Arrivals on Sunday before the course start date and departures on Saturday following course finish date.

THE PROGRAMME INCLUDES:

- Soccer training from Monday to Friday.
- 5 hours of General English classes one-to-one (if requested).
- Group courses for close groups minimum 5 students will have the option of 10 hours group classes. Check prices with us.
- Homestay accommodation.
- Half-board during the week and full-board on weekends.
- **Homestay accommodation is compulsory for under 18s**.
- Students 18 years old could choose residential accommodation. Please check availability and prices.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from Manchester and Liverpool airports to the residence/homestay. Prices per person based on one-way transfer.

AIRPORT	PRICE
Manchester	£ 75
Liverpool	£ 100

UNACCOMPANIED MINOR SERVICE

(mandatory when requested by the airline company)

PRICE EACH WAY
£ 65

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

Pro Club Showcase Experience Bolton

BOLTON SHOWCASE PROGRAMME

Age: 14 - 17

19th - 27th
October 2019

PRO CLUB SHOWCASE EXPERIENCE BOLTON

Under the direction of the **Bolton Wanderers Academy** coaching team, the Bolton Elite Pro-Club Experience is an opportunity for you to experience the training methods of a professional club and showcase your talents within a world-class soccer programme.

Technical sessions are led by the Academy coaches and apply the same rigorous standards applied to the professional teams. They are designed to highlight areas for development and enable each player to develop to the best of their ability. Programmes typically cover skills in areas including:

- Passing & receiving laying under pressure.
- Reactive movement off the ball.
- Defending when Balanced & when Unbalanced.
- Defending 1 v 1.
- Defending 2 v 2.
- Psychological Testing possession.
- Decision making in the final third
- Combination play in and around the box.
- Support play.
- Small sided scenario games 4 v 4, 6 v 6, 8 v 8.
- Crossing & finishing.
- Playing through the middle third.
- Creating scoring opportunities.

The programme will also include strength and conditioning training to help participants gain insight into the how players meet the physical demands of professional football.

This is the ultimate coaching experience for players looking for an insight into the needs and demands of the professional game; whilst providing an opportunity to showcase your talents in a world-class soccer environment.

You will receive a coaching programme based around our Club's philosophy. We aim to develop every player to their maximum potential and offer coaching in all aspects of the game; promoting Discipline, Teamwork, Respect, Communication, Professionalism and Empathy.

WHAT IS YOUR LEVEL OF SOCCER?

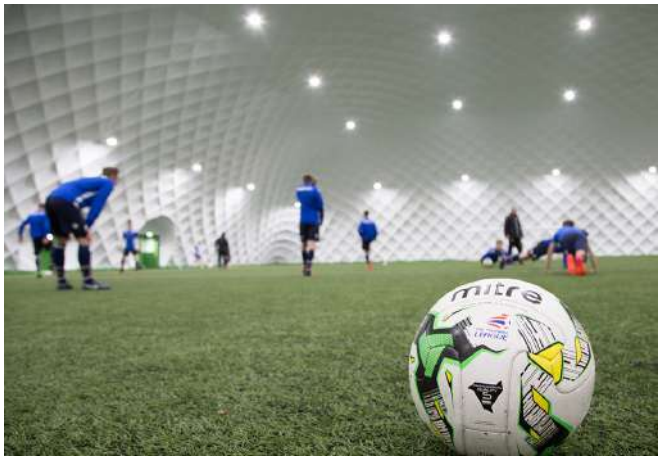
This programme is aimed at advanced players who may be currently playing for a club and are already highly skilled.

RESIDENTIAL ACCOMMODATION

Accommodation is at Bolton Wanderer's prestigious 4-star hotel within the iconic Bolton Wanderer's University of Bolton Stadium.

THE 1-WEEK PROGRAMME INCLUDES:

- Training at Bolton Wanderers very own world-class training facility. (14 hours soccer training).
- Full-board accommodation in the prestigious 4-star hotel within the iconic Bolton Wanderer's University of Bolton Stadium.
- Evening activities.
- Free, supervised internet access.
- Closing presentation & certificate award.



PROGRAMME FEES

Accommodation	Price
Single room	£ 1550
Double room	£ 1300
Triple room	£ 1120
Registration fee	£ 100

- **Medical insurance £ 15 per week** - Mandatory

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from Manchester and Liverpool airports to the residence. **Prices per person based on one-way transfer.**

	MANCHESTER AIRPORT	LIVERPOOL AIRPORT
INDIVIDUALS	£ 75	£ 100
GROUPS (10 or more students)	£ 50	-

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.
** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
*** Flight information must be provided 20 days prior to arrival.
**** Transfer fees won't be refunded: changes in the last minute will incur an extra cost.

UNACCOMPANIED MINOR SERVICE

(mandatory when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE EACH WAY
£ 65

PRO CLUB ACADEMY EXPERIENCE FLEETWOOD

Our Pro Club Academy Experience Fleetwood provides an elite player development programme based at the clubs £10 million state of the art training complex PoolFoot Farm home of Fleetwood´s 1st team and academy

KEY FACTS

LOCATION
Fleetwood

TRAINING GROUNDS
Poolfoot Farm Complex

DURATION
Minimum stay: 4 weeks
January 2020 to June 2020
July 2020 to December 2020

START DATES
Throughout the year
Sunday starting days

AGE RANGE
16 - 21 All year students

Players will be immersed into a full time training and games programme which aims to develop and educate each individual on the complexities of the modern day game. The programme will empower participants to develop not only their technical and physical attributes but more importantly nurture character and provide opportunities to fulfil potential through a life changing experiences.

The programme´s mission is to provide all players with aspirations of playing at the highest level a platform in which they can strive and excel to reach their goals.

Fleetwood International Football Academy players will benefit from:

- Opportunity to train at one of the leading sport complexes in the North West of England, the £10 million Poolfoot Farm Complex
- Full time training programme working with FTFC UEFA licenced coaches dedicated to enhancing and developing every aspect of your game both on and off the pitch.
- Showcase your ability in front of FTFC recruitment team on a daily basis
- Player development reporting system working on individual learning objectives to aid and enhance performance
- Workshops, Seminars and Player/ team Analysis sessions aimed at supporting player development
- Be part of the Fleetwood FC family and journey
- Links and pathways to FTFC partner clubs both in the UK and overseas

PROGRAMME FEES

	Soccer + full-board en-suit accommodation
4 week programme	£ 2750
12 week programme	£ 5825
24 week programme	£ 12000
Minimum stay: 4 weeks	

- Medical insurance **£ 15** per week - Mandatory
- Course Registration Fee **£ 100** - Mandatory
- Player kit package **£ 150** (for 4-week bookings. Kit package is included in 12-week and 24-week programmes)
- Arrivals on Sundays and departures on Saturdays.

THE PROGRAMME INCLUDES:

- Sports science testing
- Full board meal plan
- Airport transfers (north of England)
- All fixtures videoed and clipped
- Full coaching programme
- Full professional evaluation and action plan
- Health & Fitness Membership at Hotel Spa
- FTFC Onward Card

FACILITIES:

- FTIFA players will train alongside the FTFC 1st, development and academy teams. Players will use:
- 1 FIFA 2 star grade 4G pitches (the highest possible)
- The 1st team & Academy gym
- The 1st team & Academy physiotherapy room
- The 1st team & Academy analysts
- Full professional evaluation and action plan
- Health & Fitness Membership at Hotel Spa
- FTFC classrooms. Multi use for: Analysis sessions, nutrition lessons, upcoming fixture preparation & much more

USN BOLTON ARENA INTERNATIONAL HIGH PERFORMANCE TENNIS ACADEMY

The performance programme provides a high-intensity training environment for players on an international and professional tennis pathway.

KEY FACTS

LOCATION
Manchester

TRAINING GROUNDS
Bolton Arena

DURATION
Annual (Sept. to Jun.) and Summer Camp (July and August)

START DATES
Any Monday

AGE RANGE
Boys & Girls
10 - 17

USN Bolton Arena is one of the best High-Performance tennis academies in England. By providing an environment focused on world-class tennis athletes, the dedicated and professional coaching team have a track record of producing champions at National, European and International level. Players consistently compete in all age groups at National, European, International and professional tournaments. As a Davis cup venue, Bolton Arena is used as a training-base for top-ranked UK and international players.

Our qualified and experienced team of coaches work closely with every player to provide a personal, unique programme incorporating all aspects required for success at the highest level. This integrated approach covers areas including strength & conditioning, sport science, nutrition and sports psychology; in addition to technical and match tactics and strategy.

Tennis programme overview

Every player receives an individual, tailored programme to develop their personal skills. Programmes will incorporate key elements:

- Technical & Tactical Skills Development . Develop groundstrokes, transitional play and closing techniques to underpin your game strategy.
- Match Psychology. Develop an effective approach and match-winning mentality.
- Match Strategy. Identify the opponent's strengths and weaknesses to develop winning match strategies.
- Speed & Plyometric. Explosive footwork drills to increase acceleration and speed.
- Tennis Specific Movement. Shot specific footwork patterns that will assist the player in selecting the correct pattern to position themselves effectively for the desired shot.
- Strength & Power. A combination of carefully-designed bodyweight and soft resistance training increasing the force and efficiency of muscular output during movement.
- Agility. Focus on the ability to rapidly change direction to allow for fast & efficient movement around the court.

PROGRAMME FEES

	TYPE OF PROGRAMME	DESCRIPTION	PRICE
SUMMER	Junior Programme*	10 hours of tennis (5 hours physical and 2,5 hours tennis specific education) plus 15 hours of English classes. End of week tournaments. Full-board residential accommodation in twin rooms.	£ 1550/week
	Adult Programme	10 hours of tennis (5 hours physical and 2,5 hours tennis specific education) plus 15 hours of English classes. End of week tournaments.	£ 1450/week
		20 hours (7,5 hours physical and 2,5 hours tennis specific education). End of week tournaments.	£ 1350/week
ALL YEAR	Academic Year	Academic year plus tennis training - 10 hours of tennis (5 hours physical and 2,5 hours tennis specific education).	£ 35000
	1 Term	1 term plus tennis training - 10 hours of tennis (5 hours physical and 2,5 hours tennis specific education).	£ 12000

* Registration fee **£ 100** per student - Mandatory

** Medical insurance **£ 15** per week - Mandatory

*** Summer junior programme only available for groups of minimum 15 students.

**** Junior and adult programmes also available all year round for individuals. Please check conditions and prices.

FACILITIES

The academy has hosted Davis Cup matches and other international competition tournaments. The cutting – edge facilities include:

- 8 indoor tennis courts.
- 2 outdoors clay courts.
- Gym.
- Sauna & stream room.
- 400m athletic track.
- Football pitches.
- Classroom.
- Coffeshop.
- Tennis sport shop.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from Manchester and Liverpool airports to the residence. **Prices per person based on one-way transfer.**

	MANCHESTER AIRPORT	LIVERPOOL AIRPORT
INDIVIDUALS	£ 75	£ 100
GROUPS (10 or more students)	£ 50	-

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees won't be refunded: changes in the last minute will incur an extra cost.

PRICE EACH WAY

£ 65

UNACCOMPANIED MINOR SERVICE

(mandatory when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

DISCOVER MANCHESTER

Choices International is pleased to offer our destination MANCHESTER

KEY FACTS

LOCATION
Manchester

ACCOMMODATION
Residential
Private en-suite rooms

DURATION
2 week minimum

START DATES
Session 1
28th June - 11th July
Session 2
12th - 25th July
Session 3
26th July - 8th August

AGE RANGE
11 - 16 years old

EXCURSIONS
Two Half-Day and
one Full Day per week

Fully supervised activities
every afternoon

A world-class location

Our Discover Manchester programme takes place in the historic second city of the UK. The city boasts an iconic centre alongside modern and dynamic attractions that our students can immerse themselves in. Our residential site offers perfect opportunities for students to learn in a close-knit community environment from a cross-cultural exchange close to the heart of one of the UK´s most important cities.

A unique Manchester Study-Experience

Our programme includes a fun range of multi-sports activities and excursions designed to really integrate you into Manchester life and introduce you to the most significant sites in the city. At the same time, you will enhance your language skills through our interactive English course. All our teachers are native, accredited and highly qualified professionals.

Our programme guarantees a high quality of service in English classes. Our language tuition uses a fun, participative approach to learning and emphasises spoken language skills. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level.

Residential accommodation

Individual en-suite rooms with a full-board meal in a leading city centre student accommodation site.

PROGRAMME

Manchester is the largest city in the north of England. Our students benefit from both being close to the city centre and living in a friendly environment. They will discover the best of British culture and beyond to find out what makes Great Britain so great by visiting Manchester´s wonderful landmarks. Wherever you choose, you're sure to be captivated by the city's atmospheric charm. A sample of some locations that our students can visit during a Discover Manchester programme:

- City Centre guided tour
- The Science Museum
- The Old Trafford Museum visit
- One-day trip to Liverpool
- The People´s History Museum
- The National Football Museum
- Chester visit & shopping trip
- Tatton Park excursion

THE PROGRAMME INCLUDES:

- Placement test
- 15 hours of English classes.
- Full-board residential accommodation.
- Daily afternoon and evening programme in English
- Excursion: two half-day excursions
- One full day excursion
- Fully supervised activities
- Free Wi-Fi at the residency.
- Private en-suite bedroom
- Closing ceremony & certificates

PROGRAMME FEES

COURSE FEES	
Social activities + English classes (1 week)	£ 850.00
Minimum stay 2 weeks	
Registration fee	£ 100.00

* **Medical insurance £ 15 per week** - Mandatory.

** **Deposit paid in cash on arrival of £100 (reimbursable) -** Mandatory

*** Arrivals are on the Sunday. Departures are on the Saturday.

OPTIONAL FEES:

- Extra night **£ 125.**
- **Optional** Sunday excursion **£ .**

AIRPORT TRANSFERS

Choices International private Car Transfer Services offer a personal meet and greet service from any airport in the UK at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one way transfer.

MANCHESTER	LIVERPOOL
£ 75	£ 100

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

DUBLIN

DUBLIN is the capital and the largest city in Ireland, a wonderfully friendly place to pass some time, but has far more to offer than a comforting greeting. Home to beautiful old architecture, a diverse entertainment scene and a happy mix of tradition and modernity, our compact city centre is easy to explore on foot and offers hidden gems around every corner.

A city centre trip isn't complete without exploring Dublin's two beautiful cathedrals, Christchurch and St Patrick's, or dropping in on our cobbled entertainment hub, Temple Bar. The city's revolutionary history and deep-seated love of all things musical offer plenty of enjoyable outings, too.

DISCOVER DUBLIN

The perfect combination of recreation, fun and language learning!

Ireland's hospitality and the friendliness of its people are well-known around the world. Dublin, the lively and exuberant Irish capital on the east coast of the island combines tradition and modernism, culture and commerce in a unique, charming and light manner

Under the guidance of our native-speaking counsellors, campers use their new language skills throughout the day, both during instruction as well as in the afternoon and evening activities.

EXCITING AND MOTIVATING INSTRUCTION

The participants at our camps don't only learn during the morning lessons made up of lively components such as interviews and role plays, they are also encouraged to put the language they have learnt into practice during their leisure time.

Participants have the opportunity to learn a foreign language, take part in exciting activities and make new friends, whilst also being on holiday. At the same time, they're laying the foundations for improving their performance in school the following year, almost without realizing it.

LEARNING BY SPEAKING

As well as having lots of fun, children return home with improved knowledge of the foreign language and enhanced motivation. We know from experience that participants achieve significant progress in their learning and that their self-confidence improves, so the benefits are two-fold.

KEY FACTS

LOCATION
Dublin

ACCOMMODATION
Rathdown School

DURATION
2 weeks

START DATES
1st Session:
12th July - 25th July
(13 nights)
2nd Session:
26th July - 8th August
(12 nights)

AGE RANGE
12- 17

FACILITIES
Indoor and outdoor facilities for tennis, hockey, badminton, basketball, handball and football.

PROGRAMME

- Sightseeing tour on a 'Hop on, Hop off' bus through Dublin – the best way to see and explore all the main attractions at your own pace.
- Trinity College, Old Library and 'Book of Kells'
- National Museum of Ireland – Irish art, culture and natural history.
- Day trip to the Wicklow Mountains and Glendalough, a monastic settlement founded in the 6th century.
- 'Roof Top Tour' at Croke Park, Ireland's biggest sports stadium, home to traditional Gaelic sports such as Hurling, Gaelic football and Camogie.
- Half day excursion to Greystones and Bray – walk along the cliffs and enjoy the view out to the Irish Sea.
- Shopping afternoon in Dublin's lively pedestrian areas Grafton Street and Temple Bar.
- Walking tours through different parts of Dublin.
- Hiking to Killiney Hill, offering a fantastic view of Killiney Bay and the Wicklow Mountains.
- Ceilidh – an Irish music evening.
- Theatre / musical visit.
- Sports on the Rathdown School Grounds - tennis, hockey, badminton, basketball, handball, soccer.
- Fun evening programmes at the school.

ACCOMMODATION

Rathdown School, in the south of Dublin. Rooms: 4 - 6 beds per room (showers and bathrooms are shared)

THE PROGRAMMES INCLUDES:

- Residential accommodation and catering (full-board).
- Daily English tuition in the morning (3 hours), except on arrival and departure days and on full day trips.
- Small group language classes (maximum 8 – 12 students).
- Daily afternoon and evening programme in English.
- Cost for all equipment required to participate in workshops and in evening activities.
- Airport transfers according to the stipulations in this information.
- Choices certificate of completion.

PROGRAMME FEES

COURSE FEES	
Social activities + English classes (12 nights)	€ 1775
Registration fee	€ 100

* Price does not include flights and travel insurance.

** **Medical insurance € 15 per week** - Mandatory.

AIRPORT TRANSFER

Transfer service from/to Dublin airport is included in the price. Transfer: from Dublin airport (between 9:00 a.m. and 6:00 p.m. on arrival day) - (between 7:00 a.m. and 6:00 p.m. on departure day).

Flight details: Students must arrive on the first day of camp and leave on the last day. Please schedule your flights with arrival time between 10:00 a.m. - 6:00 p.m. and departure time between 10:00 a.m. - 6:00 p.m.

KILLARY - OUTDOOR ADVENTURE CAMP

The perfect combination of recreation, fun and language learning!

This programme is designed for students aged 12-17 years, to benefit from the best possible combination of language learning and recreation during the school holidays.

Under the guidance of our native counsellors, the campers use their new language skills throughout the day, both during instruction as well as in the afternoon and evening activities.

EXCITING AND MOTIVATING INSTRUCTION

The participants at our camps don't only learn during the morning lessons made up of lively components such as interviews and role plays, they are also encouraged to put the language they have learnt into practice during their leisure time.

Participants have the opportunity to learn a foreign language, take part in exciting activities and make new friends, whilst also being on holiday. At the same time, they're laying the foundations for improving their performance in school the following year, almost without realizing it.

LEARNING BY SPEAKING

As well as having lots of fun, children return home with improved knowledge of the foreign language and enhanced motivation. We know from experience that participants achieve significant progress in their learning and that their self-confidence improves, so the benefits are two-fold.

ACCOMMODATION

Sleepzone Hostel Killary, situated in the heart of Connemara on Ireland's wild and rugged west coast.
Rooms: 4 - 6 beds per room (showers and bathrooms are shared).

KEY FACTS

LOCATION
Killary

ACCOMMODATION
Sleepzone Hostel Killary

DURATION
2 weeks

START DATES
19nd July - 1rd August

AGE RANGE
12- 17

FACILITIES
Indoor and outdoor facilities for tennis, hockey, badminton, basketball, handball and football.

PROGRAMME

- 10 mornings with 3 hours of daily English lessons in small groups of max. 8 -12 students
- Afternoon and evening supervised activities all in English
- Working together with professional trainers from the Killary Adventure Center we provide a wide range of outdoor activities
- Water sport activities such as ' Ringo Rides' and Kayaking, Climbing, Rope Course, Zip Wire, Giant Swing, Laser Games, Gorge Walking and Hill Walking.
- Teambuilding activities.
- 1 full day excursion
- Day trip to Galway, a lively and very unique city south of Connemara, known for its friendly people, charming, cobble-stoned streets and multi-coloured houses. Shopping, some sightseeing and relaxing at the river Corrib.
- Tennis.
- Fun Evening programs.
- Movie Night.
- Photo Competition.

THE PROGRAMMES INCLUDES:

- Residential accommodation and catering (full-board).
- Daily English tuition in the morning (3 hours), except on arrival and departure days and on excursion day to Galway.
- Small group language classes (maximum 8 – 12 students).
- Daily afternoon and evening programme in English.
- Cost of all activities during the camp and on excursion day.
- Cost for all equipment required to participate in sports, workshops and evening activities.
- Airport transfers according to the stipulations in this information.
- Choices Certificate of completion.

PROGRAMME FEES

COURSE FEES	
Social activities + English classes (12 nights)	€ 1925
Registration fee	€ 100

* Price doesn't include flights and travel insurance.

** **Medical insurance € 15 per week** - Mandatory.

AIRPORT TRANSFER

Transfer service from/to Dublin airport is included in the price, transfer time is approximately 5 hours. On the day of arrival/departure we only provide one bus transfer to/from Killary.
Group transfer from Dublin airport (only available till 5:30 p.m. on arrival day and from 12:00 a.m. on departure day).

Flight details: Students must arrive on the first day of camp and leave on the last day. Please schedule your flights to arrive by 5:30 p.m. at the latest and to depart at 11:30 a.m. at the earliest.

MADRID

MADRID is the capital of Spain and its largest city. It is a charming city with a lot of personality. People from Madrid are friendly and hospitable.

With almost 3,000 hours of sunshine per year, you can expect blue skies every day. Madrid is recognised internationally for its successful sports teams and for hosting important sporting events.

STANDARD CAMPUS EXPERIENCE REAL MADRID FOUNDATION

Fundación Realmadrid | Campus Experience
Official Representative 2019

Develop your soccer skills with the Campus Experience Real Madrid Foundation and gain an insight into the techniques and training methods

KEY FACTS

LOCATION
Madrid

TRAINING GROUNDS
Real Madrid Sports City (Valdebebas)

ACCOMMODATION
Universidad Autonoma de Madrid

DURATION
1 week (Minimum Stay)

START DATES
Soccer:
14th June - 30th August
Goalkeeping:
28th June - 2nd August

AGE RANGE
Boys & Girls
Residential Camp: 9 - 17
Day Camp: 7 - 13

The Campus Experience Real Madrid Foundation residential programme emphasises the development of tactical and technical soccer training, as well as intercultural exchange with participants from other countries. Through soccer, and a varied programme of fun and innovative educational activities, participants will also learn Real Madrid CF values, such as leadership, fellowship, tolerance and participation.
Students can choose to do:

- Soccer programme: This includes 12 hours of soccer training plus a general activities and excursions programme.
- Soccer plus a Spanish/English course: This includes 12 hours of soccer training plus 5 hours per week of Spanish or English with general activities and excursions.

WHAT IS YOUR PROGRAMME?

- Standard: For participants who want to learn or practise soccer.
- Goalkeeping: For those participants who want to focus on **goalkeeping training,** this course includes additional vital skills such as handling, footwork and distribution.

We also offer a Day Camp Programme. Meeting point: Santiago Bernabéu. Please check with us for further information.

ACCOMMODATION

En-suite double rooms at Erasmo Halls of Residence (Autonomous University of Madrid). All rooms have phones, heating, internet access and satellite television.

SPANISH/ ENGLISH LANGUAGE TEACHING (only available for residential students)

Language tuition uses a fun, participative approach to learning and emphasises spoken language skills. The programme is specifically designed for children with an interest in soccer and includes a range of role-plays, pair-work and activities.
Students must take an online test beforehand to ensure they are placed in the correct group for their ability.

THE RESIDENTIAL PROGRAMME INCLUDES:

- Training at Real Madrid's very own world-class training facility, Valdebebas.
- Full board, residential accommodation.
- Daily bus transfer to training facilities.
- Medical insurance.
- Real Madrid Foundation training kit.
- Tour of Santiago Bernabeu stadium and museum.
- Closing presentation & certificate award.

THE DAY CAMP PROGRAMME INCLUDES:

- Training at Real Madrid's very own world-class training facility, Valdebebas.
- Lunch and snacks.
- Daily bus transfer to training facilities.
- Medical insurance.
- Real Madrid Foundation training kit.
- Tour of Santiago Bernabeu stadium and museum.
- Closing presentation & certificate award.

PROGRAMME FEES

	2 WEEKS	ADDITIONAL WEEK
STANDARD RESIDENTIAL	To be confirmed	To be confirmed
STANDARD GOALKEEPING RESIDENTIAL	To be confirmed	To be confirmed
DAY CAMP STANDARD & GOALKEEPING	To be confirmed	
LANGUAGE CLASSES (Spanish / English)	To be confirmed	
REGISTRATION FEE	€ 100	

* **Language Classes:** Not available for the Day Camp programme

OPTIONAL FEES: Extra night **€ 150** (extra fees are not refundable).

- Arrivals are on the Sunday prior to the course start date. Departures are on Saturday.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from/to Adolfo Suárez - Barajas Airport (Madrid) at any time. Your son/daughter will be driven directly and comfortably to the residence.

FROM/TO ADOLFO SUÁREZ- BARAJAS AIRPORT (Madrid)	INDIVIDUAL
2 way transfer	€ 200
1 way transfer	€ 150

- Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **€ 75.**
- Flight information must be provided at least 20 days prior to arrival.
- Transfer fees won't be refunded: changes in the last minute will incur an extra cost.

UNACCOMPANIED MINOR SERVICE

(mandatory when requested by the airline company)

PRICE EACH WAY
€ 65

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompanies him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

HIGH PERFORMANCE CAMPUS EXPERIENCE REAL MADRID FOUNDATION

Campus Experience
Official Representative 2019

Develop your soccer skills with the *High-Performance* Campus Experience Real Madrid Foundation and gain an insight into the techniques and training methods of the Champions. The programme is offered in association with Choices International.

KEY FACTS

LOCATION
Madrid

TRAINING GROUNDS
Universidad Europea

ACCOMMODATION
Unviersidad Europea de Madrid

DURATION
1 week (Minimum stay)

START DATES
28th June - 2nd August

AGE RANGE
Boys & Girls
Residential Camp: 9 - 17
Day Camp: 9 - 17

The High-Performance Soccer Residential Camp is aimed at boys and girls who are already training with a club/school. It is focused on the perspective of the integral education of participants and is based on four mainstays:

- Technical-tactical basics.
- Physical and motor skills.
- Health advice.
- Values education.

Participants can choose between:

- High-Performance Soccer programme: 2 sessions per day of soccer training a general activities and excursions programme.
- High-Performance Soccer plus English/Spanish course: 2 sessions per day of soccer training plus 6 hours of language classes per week with general activities and excursions.

WHAT IS YOUR PROGRAMME?

- High-Performance: For participants who are playing for a club or are highly skilled.
- High-Performance Goalkeeping: For those participants who want to focus on **goalkeeping training**, this course includes additional vital skills such as handling, footwork and distribution.

We also offer a Day Camp High-Performance Programme. Meeting point: Santiago Bernabéu. Please check with us for further information.

ACCOMMODATION

En-suite individual and double rooms at Universidad Europea of Madrid.

SPANISH/ ENGLISH LANGUAGE TEACHING

Language tuition uses a fun, participative approach to learning and emphasises spoken language skills. The programme is specifically designed for children with an interest in soccer and includes a range of role-plays, pair-work and activities.
Students must take an online test beforehand to ensure they are placed in the correct group for their ability.

THE RESIDENTIAL PROGRAMME INCLUDES:

- Training at the European University of Madrid.
- Full board, residential accommodation.
- Daily bus transfer to training facilities.
- Medical insurance.
- Real Madrid Foundation training kit.
- Tour of Santiago Bernabéu stadium and museum.
- Closing presentation & certificate award.

THE DAY CAMP PROGRAMME INCLUDES:

- Training at the European University of Madrid.
- Lunch and snacks.
- Daily bus transfer to training facilities.
- Medical insurance.
- Real Madrid Foundation training kit.
- Tour of Santiago Bernabéu stadium and museum.
- Closing presentation & certificate award.

PROGRAMME FEES

	2 WEEKS	ADDITIONAL WEEK
HIGH-PERFORMANCE SOCCER RESIDENTIAL	To be confirmed	To be confirmed
HIGH-PERFORMANCE GOALKEEPING RESIDENTIAL	To be confirmed	To be confirmed
DAY CAMP HIGH-PERFORMANCE SOCCER/GOALKEEPING	To be confirmed	
LANGUAGE CLASSES (Spanish / English)	To be confirmed	
REGISTRATION FEE	€ 100	

* **Language Classes:** Not available for the Day Camp programme

OPTIONAL FEES: Extra night **€ 150** (extra fees are not refundable).

- Arrivals are on the Sunday prior to the course start date. Departures are on Saturday.

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from/to Adolfo Suárez - Barajas Airport (Madrid) at any time. Your son/daughter will be driven directly and comfortably to the residence.

FROM/TO ADOLFO SUÁREZ- BARAJAS AIRPORT (Madrid)	INDIVIDUAL
2 way transfer	€ 200
1 way transfer	€ 150

- Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **€75.**
- Flight information must be provided at least 20 days prior to arrival.
- Transfer fees won't be refunded: changes in the last minute will incur an extra cost.

PRICE EACH WAY

€ 65

UNACCOMPANIED MINOR SERVICE

(mandatory when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompanies him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

ATLETICO DE MADRID SOCCER CAMP

KEY FACTS

LOCATION
Madrid

TRAINING GROUNDS
Ciudad Deportiva Wanda
Alcalá de Henares campus

DURATION
Spring
Day Camp: 3 days
Summer
Residential: 2 or 4 weeks
Day Camp: 1 - 4 weeks

START DATES
Spring
Day Camp
13st April
Summer
Residential
28th June; 12th July
Day Camp
29th June
6th, 13th, 20nd July

AGE RANGE
Boys & Girls
8 - 17 years

Choices International are pleased to introduce you to an amazing and exciting world where you can combine fun Spanish or English classes with your favourite sports activity - SOCCER!

This programme combines intensive football training, under the management of **Manolo Sánchez**, legendary player of Atlético de Madrid, with a fun-packed holiday experience. This programme is unique in providing in-depth training, covering technical skills, tactical appreciation, psychology and physical training techniques.

Live, Train and Play as Atlético do!

Atlético de Madrid is an institution with a long tradition in the development of young footballers. The Club believes not only in the sporting development of players, but also in their personal growth, and therefore seeks to promote values such as solidarity, comradeship and equality through sport, as well as the improvement of social and communication skills.

Work hard to achieve your goal!

The Atlético de Madrid, together with Choices International, will help you to develop your sports skills while you learn and have fun. Under the supervision of the technical team, you will acquire the knowledge and skills needed to keep improving day by day. The programme is tailored to different age groups and includes educational play activities in dynamic environments. Our goal is for children to have an unforgettable experience, during which they learn values such as solidarity, friendship and equality.

Sports Management and Coaching Staff

The technical team will bring out the best in each player, helping them to achieve the optimal level of performance for their age group; and providing a safe and secure environment in which to play football while making friends and having fun.

Day camp students will train at either Ciudad Deportiva Wanda or the Alcalá de Henares campus. The residential programme will take place at the Alcalá de Henares campus.

We will work on individual skills and group work strategies, as well as technical and more specific tactical soccer game systems to help with player progression. Goalkeepers will also have specific training.
Our team will pass on their professional experience and demonstrate the values upheld by Atlético de Madrid such as effort, teamwork and solidarity.

Location

The Ciudad Deportiva Atlético de Madrid and "La Oliva", in Majadahonda (Madrid).

- Day Camp: Monday to Friday, Full day. Daily bus transfer.
- Residential Camp: Minimum stay 2 weeks. Residential participants stay in a halls of residence in double or triple en-suite rooms with air conditioning.

Excursions Residential Camp*

Weekend Excursions
Wanda Metropolitano Stadium
Theme Park
RSFF (Royal Spanish Football Federation) Museum

*Some changes could take place depending on the availability

The Day Camp programme includes:

- Daily soccer training.
- Morning and afternoon snacks, lunch.
- Atletico de Madrid training kit.
- Certificate award.

The Residential programme includes:

- Daily soccer training.
- 5 hours per week of Spanish or English classes.
- Full board residential accommodation at Camilo José Cela University.
- Morning and afternoon snacks.
- Daily transfer to training facilities.
- Complementary activities.
- Excursions during the weekend.
- Atlético de Madrid training kit.
- Certificate award.

PROGRAMME FEES

Programme	Soccer Training	Language classes
SPRING		
Day Camp (13, 14, 15 April)	€ 300	No language classes
SUMMER		
Residential Camp (2 weeks)	€ 2065	€ 500
Day Camp (1 week)	€ 575	€ 250
Registration Fee	€ 100	

DAY CAMP OPTIONAL TRANSFER: weekly bus transfer to training facilities € 75

- **Medical insurance € 15 per week** - Mandatory

AIRPORT TRANSFERS

FROM/TO ADOLFO SUÁREZ-BARAJAS AIRPORT (Madrid)	ONE WAY	TWO WAYS
	€ 150	€ 200

- Flight information must be provided at least 20 days prior to arrival.
- Transfer fees won't be refunded: last-minute changes will incur an extra cost.

PRICE EACH WAY

€ 65

Unaccompanied Minor Service
(mandatory when requested by the airline company).

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompanies him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

MALLORCA

The ever-popular star of the Mediterranean, MALLORCA has a big sunny personality thanks to its ravishing beaches, remote mountains and soulful hill towns. Coves braid the island like a string of pearls.

Spend silent moments among the olive, carob and almond groves and you'll soon fall for the quiet charm of Mallorca's hinterland. Summer is one long party and village fest (festivals) offer a genuine slice of island life.

Mallorca is as fleeting as the almond blossom snowing on meadows in spring, or the interior's vineyards in their autumn mantle of gold. Wherever your journey takes you, Mallorca never fails to seduce.

RAFA NADAL ACADEMY

Train to become a professional tennis player and experience the methods and coaching that made Rafa Nadal one of the greatest players in tennis history!

KEY FACTS

LOCATION
Manacor (Mallorca, Spain)

TRAINING GROUNDS
Rafa Nadal Academy

ACCOMMODATION
Residential (Full-board)
Day Camp

DURATION
Weekly programmes
(from September to June)
Summer camp
(28th June - 22th August)

START DATES
Every Sunday

ACADEMIC PROGRAMMES
Annual Tennis & School
Annual Tennis Plus

AGE RANGE
Residential 8 - 17 or
Adults Day Camp 18+

The Rafa Nadal Academy by Movistar opened its doors in 2016 for young tennis players to train with the method that has taken Rafa to the number one spot. With their experience on tour, Rafa Nadal, Toni Nadal and his team have developed a training method designed to develop the next-generation of top tennis players in an environment where the game is becoming increasingly quick; and players, stronger and faster.

Every area of the academy works towards the goal of taking your tennis to the next level and considers everything from technique, strategy and physical preparation to mental training and nutrition. The philosophy is based on the values of Rafa; effort, self-discipline, friendship, overcoming adversity, humility and respect.

The Rafa Nadal Academy by Movistar incorporates a high quality residential complex and enables players to develop an education through the Rafa Nadal International School, while also training to become professional players. In addition, the academy includes a programme for those students that don't make the jump to professional tennis to obtain a scholarship at American universities to continue competing.

Choices International, officially representing Rafa Nadal Academy by Movistar in the UK and Ireland, offers a selection of professional tennis programmes.

Summer camp

This programme runs from June to August and It includes 20.5 hours of tennis training from Monday to Saturday and 10 hours of physical fitness & sports games per week, 6 hours of "Building a Champion" and 4 hours of activities, leisure and excursions.

Choices International

RAFA NADAL ACADEMY BY movistar
OFFICIAL PARTNER 2019 - 2020

ACCOMMODATION

First category residential campus with large and modern en-suite twin bedrooms, furnished to a high standard, which is divided into separate areas according to age and gender. Free Wi-Fi available across the campus.

FACILITIES

Located in Manacor, Rafa's hometown, the academy includes the most advanced facilities for top-level training:

- 26 tennis courts of different surfaces (Clay, Greenset), outdoor and indoor.
- Fitness Centre with all the latest equipment.
- 2 swimming pools; one outdoor and one indoor.
- Mini-football pitch (Football 7) and 7 padel courts.
- Restaurant and café and Pro Shop
- Specialised clinic in sports medicine, physiotherapy and nutrition.
- Green areas and gardens.

PROGRAMME FEES

PROGRAMMES	DESCRIPTION	FEES Residential	FEES Day Camp
Summer programme 28/06/20 to 25/07/20	20.5 hours of tennis training per week 10 hours of physical fitness & sports games per week 6 hours of "Building a Champion" 4 hours of fun activities	€2.1750	€1.600
Easter programme 05/04/20 to 25/04/20	22 hours of tennis training per week 6.25 hours of physical fitness training per week 7.5 hours "Building a Champion" lessons per week	€2.1750	€1,700
Weekly programme Outside of Summer & Easter peak periods	22 hours of tennis training per week 6.25 hours of physical fitness training per week 7.5 hours "Building a Champion" lessons per week	€1.975	€1,550
Annual programme From September 2020	Annual Tennis & School Annual Tennis Plus	Please enquire about avalibility and costs	

Registration fee	€ 100
Medical insurance € 15 per week - Mandatory	

* Arrivals are on the Sunday prior to the course start date. Departures are on the Saturday.

** Adult training programmes and accommodation are available to book separately. Please enquire about details.

*** **Discounts** are avalible according to dates and number of students' weeks. Please enquire about promotions

Programme Includes:

- Welcome pack
- Full board residential accommodation in a Twin room
- Airport transfer
- Excursions and activities
- Competitions on Saturdays
- Medical assistance on site and physiotherapist
- Coordinator at the residence

ALICANTE

Alicante is a thoroughly modern Mediterranean city. Located within the cracking Costa Blanca area of Spain (on the South East), the city has something for everyone.

From the stunning coast to the imposing backdrop of the Alicante mountains to the historic rambling Castillo de Santa Barbara (medieval castle), the city and its surrounding areas will captivate and charm you. This region is a welcoming, friendly, typically Spanish City just waiting for you to discover its many treasures!

If you are arriving by aeroplane take the time to look out of the window as you come into land at the Airport. The dazzling blue sea set against the rugged coastline will set your heart racing. Just before landing let your eyes take in the long, lazy sandy beaches. These are a draw not only to the tourists but the Spanish people too..

ACADEMIA TENIS FERRER

Come to our high performance centre to feel and taste the experience of training as any professional player

The **Academia de Tenis Ferrer (ATF)**, is a High Performance Tennis Training Centre.

Our aim is to shape individuals and prepare them to be successful in all aspects of life. In order for us to achieve our objectives, we have a unique training method and a team of professional coaches with a great international reputation.

This program offers players from around the world the opportunity to come to our centre to enjoy our training system and improve aspects of their game. For this, players will be given a personalised training plan plus personalised physical training. The number of training hours will depend on the chosen programme (High-Performance or Standard).

We will make a comprehensive study of every player who enrols in the progamme. Following the evaluation of the complete study, the assessment of the Academy personnel, the opinions of the player, parents and coaches responsible, a personalised training programme will be established. Short and long-term objectives will be set to guide the development of the player with a detailed technical report indicating the aspects of work to foucus on during their time at the Centre.

ACCOMMODATION

Both the players and their families can be accommodated in our brand new 4 star hotel residence located in La Nucia.

If students choose to travel on their own, our staff would be responsible for picking them up at the arrival airport and taking them to our venues (please see our price information). The Residence has supervisors and security personnel 24 hours a day to ensure the peace and security of the players at all times.

KEY FACTS

LOCATION
La Nucia, Alicante.

TRAINING GROUNDS
La Nucia, Alicante

ACCOMMODATION
Residential (Full-board) and Day Camp

DURATION
All year round

START DATES
Any Sunday

AGE RANGE
Boys & Girls
10 - 17
Adults
18 and over

FACILITIES

The ACADEMIA TENIS FERRER is located in La Nucia, a brand new building in a unique location close to the main beaches of Benidorm.

LA NUCIA CAMPUS (Sport City Camilo Cano de la Nucia in Alicante)

- 6 Hard courts + 6 clay courts
- Gym
- Swimming pool
- Several football fields
- Bike park
- Residence and sports venues in the same area.
- Unique location close to the main beaches of Benidorm
- 4 Stars brand new hotel - residence
- Sport center of 250,000 square meters
- Private area monitored by security guards 24 hours a day.

THE WEEKLY PROGRAMME INCLUDES:

- Access to the facilities
- Training sessions Monday to Saturday. The number of training hours will depend on the selected programme (High-performance or Standard)
- Language lessons Monday to Friday except Wednesday
- Lunch
- Other activities such as Mountain bike ride adventures and Football.
- Physical training
- Gym
- Swimming pool (open in July and August).
- 1 half day excursion to Benidorm, beach and leisure parks
- 2-weeks programme includes:
- 2 half day excursions; one to Benidorm, beach, and leisure parks, and the second to Alicante with shopping, restaurants, Medieval Castle.
- 1 full day excursion to Terra Mitica Theme Park

The **High-Performance** Green Programme includes:

- Training morning sessions: 2h of tennis + 1h of physical training
- Training afternoon sessions: 2h of tennis + 1h of physical training
- Matches with ATF players

The **Standard** Red Programme includes:

- Training only morning sessions: 2h of tennis + 1h of physical training

PROGRAMME FEES per week

PROGRAMMES	Accomodation	1 week	2 weeks	Tennis Plus Spanish Price per 2 week
High-Performance	Residential	€1,280	€2,630	€2,730
	Day Camp	€950	€1,950	€2,025
Standard	Residential	€1,055	€2,120	€2,220
	Day Camp	€715	€1,475	€1,575
Course registration fee	€ 100			

* **Extra night:** € 80

** **Airport transfers:** € 90 each way

*** **Medical insurance** € 15 per week - Mandatory.

*** Arrivals are on the Sunday prior to the course start date. Departures are on Saturday.

PARENTS & CHILDREN
London, Manchester, Dublin or Madrid!

Choose from a variety of English language courses, whilst your child or children participate in one of our exciting Summer camps which offer English classes and specialised sports.

KEY FACTS

LOCATION
Madrid
Alicante
Barcelona
London
Manchester
Dublin

ACCOMMODATION
Residential/Hotel/Apartment

Junior students:
Residential accommodation and Day Camp programmes

START DATES
Check programme starting dates according to locations

CHILDREN AGE RANGE
9 - 17

The adult programme

The programme consists of an English language course, which can be fully personalised to fit our client's needs. We follow a highly stimulating method, both inside and outside the classroom, which encourages participants to actively use the English Language. The activities and teaching methods in our programmes are specifically designed to suit both adults and children needs ensuring that the whole family will enjoy learning.

Parents participating in one of our programmes can choose to do an English or Spanish course and enjoy the diversity of all the cultural aspects of the United Kingdom, Ireland or Spain.

Young students (9 - 17)

Students will have the chance to improve their sports skills (football, tennis, golf or dance) in our specialised junior programmes. Please check availability

Our junior camps offer unique locations with high-quality facilities which are selected for their standards of excellence. The programme could be residential or Day Camp.

Students coming to Spain will have the option to choose between English or Spanish classes. They will enjoy sports and other fun activities, whilst putting their newly acquired language skills into practice with other students from all over the world.

These programmes are fully supervised throughout the school day by our qualified and highly experienced teachers and staff.

ACCOMMODATION OPTIONS

Juniors:

All our junior programmes are residential.

Day camp programmes are available in:

- London
- Manchester
- Dublin
- Madrid
- Majorca
- Alicante

Adults:

- Residential accommodation: standard or ensuite.
- Studio apartment.
- Hotels/apartments also available

* Please consult availability and prices for accommodation options in all locations.

* Be aware that parents and children will not share accommodation or activities. If parents want to share accommodation with their children they will have the option to choose our Day Camp programmes in London, Manchester, Madrid, Alicante and Majorca. Parent and Children courses will take place at different centres.

PROGRAMME FEES

Adult General English Courses

	2 WEEKS		4 WEEKS	
MADRID				
15 hours + 4 cultural classes per week	€ 395		€ 770	
15 hours + 5 private + 4 cultural classes per week	€ 750		€ 1500	
ALICANTE				
15 hours + 4 cultural classes per week	€ 345		€ 670	
15 hours + 5 private + 4 cultural classes per week	€ 650		€ 1300	
BARCELONA				
1.5 hours per day	July	August	July	August
	N/A	N/A	€ 325	€ 360
3 hours per day	July	August	July	August
	N/A	N/A	€ 570	€ 625
LONDON				
15 hours per week	£ 520		£ 1040	
20 hours per week	£ 580		£ 1160	
MANCHESTER				
15 hours per week	£ 450		£ 840	
20 hours per week	£ 500		£ 1000	
DUBLIN				
15 hours per week	€ 380		€ 760	
20 hours per week	€ 500		€ 1000	

* We personalize our programmes to suit your needs. Please contact us for further information.

** Additional English lessons or one-to-one tuition are available on request.

*** Course material and accommodation NOT included in these prices.

**** Summer suplimentary of **£35 - €35** per week is applicable over July and August

Junior Summer Programmes: Please refer to our junior brochures.

OTHER INFORMATION	
Registration fee junior courses	£ 100/€ 100
Registration fee adult courses	£ 50/€ 60
Course adult material	Vary depending on the location
Airport transfers	Vary depending on the location

JUNIOR SPORTS PROGRAMMES

11 Portland Street
Manchester M1 3HU
United Kingdom

Tel: +44 161 818 7752

info@choices-international.com
www.choices-international.com

Accredited by the BRITISH COUNCIL for the teaching of English

MEMBER ENGLISH UK

YOUNG LEARNERS ENGLISH UK