

WHUF SUMMER BROCHURE 2026



FOUNDATION

THE ACADEMY OF FOOTBALL

Elite Pro-Experience | Academic Year Programme

Accredited by the
 **BRITISH
COUNCIL**
for the teaching
of English in the UK



Choices
International

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WELCOME TO OUR PROGRAMMES!

Our programmes combine the best, high-quality sports programmes with unique locations such in United Kingdom and Spain. The schedule has been carefully designed for teenagers from all over the world to blend a mixture of fun and education, in order to provide an unforgettable experience.

We are pleased to offer an exceptional range of summer and year round programmes incorporating multiple activities and featuring West Ham United Foundation International Academy, Manchester City, Atlético de Madrid, Athletic Bilbao and Rafa Nadal tennis Academy among others.

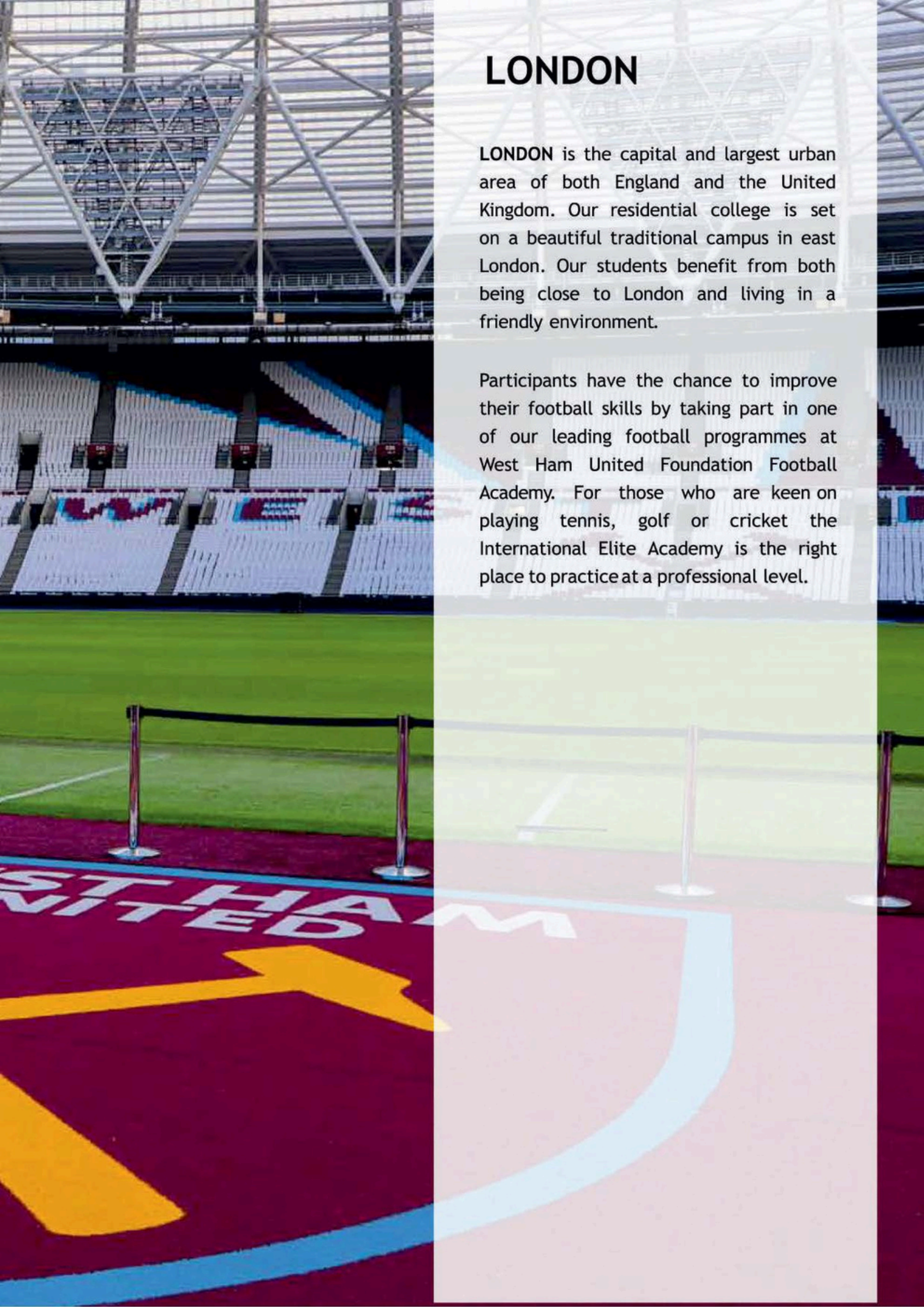
Our Elite Football Academy, in partnership with West Ham United Foundation Academy, provides a year-round football academy with a leading premiership team. Football is combined with academic studies and provides a route for aspiring players to enter the professional arena.

- We aim to offer you the best, high-quality programmes combined with unique locations.
- We offer a wide and exciting choice of sports programmes, excursions and activities.
- We emphasise student well-being, safety and security.
- Our English teachers are highly qualified with suitable experience and using the latest methodologies.
- School facilities and accommodation are selected for their standards of excellence.
- We cater for individuals and groups.

We look forward to welcoming you to our camps!

Inma Sanchez
Managing Director





LONDON

LONDON is the capital and largest urban area of both England and the United Kingdom. Our residential college is set on a beautiful traditional campus in east London. Our students benefit from both being close to London and living in a friendly environment.

Participants have the chance to improve their football skills by taking part in one of our leading football programmes at West Ham United Foundation Football Academy. For those who are keen on playing tennis, golf or cricket the International Elite Academy is the right place to practice at a professional level.



Choices
International

THE ACADEMY OF FOOTBALL



SUMMER CAMP

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University

TRAINING GROUND

Bobby Moore Sports Hub &
West Ham United Foundation

PROGRAMME AVAILABLE

Individuals & Groups

DURATION

1-4 Weeks

START DATES

Session One: 5th, 12th July

Session Two: 19th, 26 July

1 Week: 5th, 12th, 19th, 26 July

AGE RANGE

Boys & Girls: 12-17

OPTIONAL

Goalkeeper Training
English Lessons

HIGH PERFORMANCE

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Enjoy the football experience of a lifetime with this world-leading Elite Pro Experience Football Programme!. Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide.

HIGH PERFORMANCE PROGRAMME

Reach your highest potential: focus on technical, tactical, team preparation and performance analysis, mental development and injury prevention. Enhance your technical and match-play skills under the guidance of West Ham United Foundation's coaching team and participate in rewarding training sessions. Showcase your skills: demonstrate your passion and commitment for the game. Football training in an academy system widely recognised as the best in the UK. Immerse yourself in the professional environment of a premiership club. Learn what it takes to become a professional player and experience the best, intensive training of your life!

HIGH PERFORMANCE PROGRAMME STRUCTURE

- Designed for players already playing at a high-level.
- Aims to take participants to the next level through training methods and techniques developed for the professional teams.
- Training covers all areas of technical skills, tactical skills, physical conditioning and psychological techniques, providing a comprehensive and rewarding programme.
- Using the latest video analysis technology and training techniques, you can participate in our Pro-Experience seminars, delivered by West Ham United Foundation's staff. This covers areas including Scouting/Player identification, Nutrition and Physical Conditioning and other specialist areas.
- Candidates will be selected based on proven ability.
- Aim to integrate player into English football.
- Participants aged 12-17 who want to focus on Goalkeeping training, we offer specific training according to their level.

HIGH PERFORMANCE PROGRAMME STRUCTURE

English Programme plus Soccer: 19 hours of football training plus 8 hours of English classes per week. Our programme is accredited by British Council to guarantee the high quality of service in English classes.

WEEKLY TRAINING SCHEDULE

- 5-days training at West Ham United Foundation training complex, English students 19 hours football
- 8 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full board, ensuite residential accommodation & free supervised internet access
- Evening activities every night for residential students
- Excursion: 1 half-day West Ham United Stadium Tour
- Excursion: second week, half-day shopping and karting
- Personal development plan
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player 's closing ceremony
- Football Only: In total 27 hours of football training, workshops and seminars
- Medical Insurance

PROGRAMME FEES

Programme	Duration	Residential	Day Camp
High performance programme	1 Week	£1,900	£1,400
High performance programme	2 Weeks	£3,800	£2,800
Optional English Classes: 2 Weeks £300 / 1 week £150			
Registration Fee £150			

*Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

OPTIONAL FEES

- Extra night **£125**

***Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Friday**.

** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.

*** A 1-week programme includes 5 nights accommodation and 2-weeks includes 12 nights accommodation.



AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices are based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£155	£170	£175	£175	£130	£130

*Supplement for flight arrivals and departures before 9:00 am and after 9:00 pm each way: **£50**.

The first- half an hour of waiting time is free of charge. Extra waiting time charge per 30 minutes **£35.

*** Flight information must be provided 20 days prior to arrival.

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PRICE EACH
WAY

£85

UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

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Unless we are notified otherwise, this service will automatically be supplied and invoiced.



Choices
International

THE ACADEMY OF FOOTBALL

SUMMER CAMP

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University

TRAINING GROUND

Bobby Moore Sports Hub &
West Ham United Foundation

PROGRAMME AVAILABLE

Individuals & Groups

DURATION

1-4 Weeks

START DATES

Session One: 5th, 12th July

Session Two: 19th, 26 July

1 Week: 5th, 12th, 19th, 26 July

AGE RANGE

Boys & Girls: 12-17

OPTIONAL

Goalkeeper Training
English Lessons



DEVELOPMENT PROGRAMME

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Enjoy the football experience of a lifetime with this world-leading Elite Pro Experience Football Programme! Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide.

DEVELOPMENT PROGRAMME

Immerse yourself in a professional football environment with like-minded football enthusiasts and enhance your technical and match-play skills under the guidance of the Pro Coaching team. At the same time as participating in rewarding training sessions, it is an opportunity to showcase your skills through the game. Coaching sessions are aimed to develop the players football skills like agility, positioning, ball control, passing and moving, formations and tactics, but also the ability to attack and defend. You will receive football training in an academy system widely recognised as the best in the UK. You will have the opportunity to experience football training delivered by a leading Premiership club and experience what it takes to train in a professional football environment.

PROGRAMME STRUCTURE:

- Designed for players who are at a standard level and/or are aiming to break-into high-performance level.
- By immersing players in a pro-club environment, it aims to help players develop and improve techniques in all areas including technical, physical, and psychological aspects of the game.
- In addition to the use of the latest video-analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham experts and covering areas including Scouting/ Player identification, Nutrition and Physical conditioning and also specialist areas.

For those participants aged 12 - 17 who want to focus on goalkeeping training, we offer complementary training according to their level.

ENGLISH LANGUAGE TEACHING

English Programme plus Soccer: 19 hours of football training plus 8 hours of English classes per week. Our programme is accredited by British Council to guarantee the high quality of service in English classes.

We offer this programme as both Residential or Day-Camp

WEEKLY TRAINING SCHEDULE

- 5-days training at West Ham United Foundation training complex, English students 19 hours football
- 8 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full board, ensuite residential accommodation & free supervised internet access
- Evening activities every night for residential students
- Excursion: 1 half-day West Ham United Stadium Tour
- Excursion: second week, half-day shopping and karting
- Personal development plan
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player 's closing ceremony
- Football Only: In total 27 hours of football training, workshops and seminars
- Medical Insurance

PROGRAMME FEES

Programme	Duration	Residential	Day Camp
Development programme	1 Week	£1,900	£1,400
Development programme	2 Weeks	£3,800	£2,800
Optional English Classes: 2 Weeks £300 / 1 week £150			
Registration Fee £150			

*Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

OPTIONAL FEES

- Extra night **£125**

***Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Friday**.

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*** A 1-week programme includes 5 nights accommodation and 2-weeks includes 12 nights accommodation.



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PRICE EACH
WAY

£85

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Choices
International

THE ACADEMY OF FOOTBALL



SUMMER CAMP

STANDARD FOOTBALL EXPERIENCE

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University

TRAINING GROUND

Bobby Moore Sports Hub &
West Ham United Foundation

PROGRAMME AVAILABLE

Individuals & Groups

DURATION

1-4 Weeks

START DATES

Session One: 5th, 12th July

Session Two: 19th, 26 July

1 Week: 5th, 12th, 19th, 26 July

AGE RANGE

Boys & Girls: 12-17

OPTIONAL

Goalkeeper Training
English Lessons

Enjoy the football experience of a lifetime with this world-leading Elite Pro Experience Football Programme! Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide.

STANDARD PROGRAMME

If you want to learn or practice football immerse yourself in a professional football environment and enhance your technical and match-play skills under the guidance of the Coaching team. At the same time as participating in rewarding training sessions, it is an opportunity to develop your skills through the game. Coaching sessions are aimed to develop the players soccer skills like agility, positioning, ball control, passing and moving, formations and tactics but also the ability to attack and defend. You will receive football training in an academy system widely recognised as the best in the UK. You will have the opportunity to experience football training delivered by a leading Premiership club and experience what it takes to train in a professional football environment.

PROGRAMME STRUCTURE:

The programme is designed for players who are at a standard level who want to learn or practice football. By immersing players in a pro-club environment, it aims to help players develop and improve techniques in all areas including technical, physical, and psychological aspects of the game. In addition to the use of the latest video analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham United experts and covering areas including Player identification, Nutrition and Physical Conditioning and other their specialist areas. For those participants aged 12 - 17 who want to focus on GOALKEEPING training, we offer complementary training according to their level.

ENGLISH LANGUAGE TEACHING

English Programme plus Soccer: 19 hours of football training plus 8 hours of English classes per week. Our programme is accredited by British Council to guarantee the high quality of service in English classes.

We offer this programme as both Residential or Day-Camp

WEEKLY TRAINING SCHEDULE

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- 8 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full board, ensuite residential accommodation & free supervised internet access
- Evening activities every night for residential students
- Excursion: 1 half-day West Ham United Stadium Tour
- Excursion: second week, half-day shopping and karting
- Personal development plan
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player 's closing ceremony
- Football Only: In total 27 hours of football training, workshops and seminars
- Medical Insurance

PROGRAMME FEES

Programme	Duration	Residential	Day Camp
Standard programme	1 Week	£1,900	£1,400
Standard programme	2 Weeks	£3,800	£2,800
Optional English Classes: 2 Weeks £300 / 1 week £150			
Registration Fee £150			

*Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

OPTIONAL FEES

- Extra night **£125**

***Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Friday**.

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*** A 1-week programme includes 5 nights accommodation and 2-weeks includes 12 nights accommodation.



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PRICE EACH
WAY

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Choices
International

THE ACADEMY OF FOOTBALL



SUMMER CAMP

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University

TRAINING GROUND

Bobby Moore Sports Hub &
West Ham United Foundation

PROGRAMME AVAILABLE

Individual & Group Programme

DURATION

1-4 Weeks

START DATES

Session One: 5th, 12th July

Session Two: 19th, 26 July

1 Week: 5th, 12th, 19th, 26 July

AGE RANGE

Boys & Girls: 12-17

OPTIONAL

Goalkeeper Training
English Lessons

GOALKEEPER PROGRAMME

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Develop your goalkeeping skills with the world famous West Ham United Academy coaching programme and gain an insight into the best techniques and goalkeeping training methods.

Goalkeeping Teach players those vital skills such as handling, footwork and distribution which can be overlooked when training as part of a team. West Ham United Foundation's coaches work on specific technical aspects for the goalkeeper position as well as the psychological aspect of this game. Players will have the opportunity in our seminars to get an overview from West Ham United Foundation's specialized staff in all aspects of this game. The programme is designed to meet the requirements of goalkeepers who require further technical detail incorporated into their training to aid progression and development.

This programme is unique in providing in-depth training covering technical skills, tactical appreciation, psychology and physical training techniques. The Coaching programme is delivered by WHUF trained, UEFA qualified coaches using the West Ham United academy model. It takes place at West Ham United Stadium training complex in London. This programme is open to boys and girls aged 12-17 years old.

GOALKEEPING

Goalkeeping courses teach players those additional vital skills such as handling, footwork and distribution which can be overlooked when training as part of a team. Our goalkeeping courses are specialised, and we work in smaller groups to enhance development and therefore fitness levels should be of a high standard. Goalkeepers train independently to our football academy programme but come together during session enabling players to put techniques into practice.

ADVANCED GOALKEEPING

Advanced goalkeeping courses work on the same basis as standard goalkeeping, but sessions are designed to meet the requirements of senior and advanced goalkeepers who require further technical detail incorporated into their training to aid progression and development. Advanced sessions are physically and technically challenging, and we recommend that players be of a high standard of both fitness and ability. Goalkeepers who attend these sessions may have the opportunity to highly improve their skills. Advanced Goalkeeping courses available to boys and girls of an advanced level aged 12-17 years old.

ENGLISH COURSE PLUS GOALKEEPING

This programme is designed for boys and girls of all abilities aged 12-17 years old, to improve their goalkeeping skills. It consists of 12 hours of soccer training plus 7 hours goalkeeping training and 8 hours of English classes per week.

WEEKLY TRAINING SCHEDULE

- 5-days training at West Ham United Foundation training complex, English students 19 hours football
- 8 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full board, ensuite residential accommodation & free supervised internet access
- Evening activities every night for residential students
- Excursion: 1 half-day West Ham United Stadium Tour
- Excursion: second week, half-day shopping and karting
- Personal development plan
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player 's closing ceremony
- Football Only: In total 27 hours of football training, workshops and seminars
- Medical Insurance

PROGRAMME FEES

Programme	Duration	Residential	Day Camp
Goalkeeper programme	1 Week	£2,020	£1,520
Goalkeeper programme	2 Weeks	£4,040	£3,040
Optional English Classes: 2 Weeks £300 / 1 week £150			
Registration Fee £150			

*Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

OPTIONAL FEES

- Extra night **£125**

***Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Friday**.

** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.

*** A 1-week programme includes 5 nights accommodation and 2-weeks includes 12 nights accommodation.



AIRPORT TRANSFERS

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PRICE EACH
WAY

£85

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Choices
International

THE ACADEMY OF FOOTBALL



SUMMER CAMP

DAY CAMP

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University

TRAINING GROUND

Bobby Moore Sports Hub &
West Ham United Foundation

PROGRAMME AVAILABLE

Individual & Group Programme

DURATION

1-4 Weeks

START DATES

Session One: 5th, 12th July

Session Two: 19th, 26 July

1 Week: 5th, 12th, 19th, 26 July

AGE RANGE

Boys & Girls: 9 -17

OPTIONAL

Goalkeeper Training
English Lessons

Enjoy the football experience of a lifetime with our Elite Pro-Experience! Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide. With the Choices Day Camp Programme, participants will have a chance to build self confidence and to participate in team building activities. We want to ensure students enjoy their summer stay with us and to learn useful skills for the future. We create a warm, fun and safe environment for players, within excellent facilities.

WHAT IS YOUR LEVEL OF FOOTBALL?

Day camp participants can choose between the different options:

- **High Performance:** For participants who are playing for a club or are highly skilled. Players can pursue the highest potential, focused on technical, tactical, team preparation and performance analysis plus injury prevention.
- **English Course:** plus Football: 15 hours of football training plus 12 hours of English classes per week.
- **Development Programme:** designed to involve participants to practice and learn all footballing abilities.
- **Goalkeeping Programme:** specialised position training with unique drills & coaching insight.
- This programme runs from Monday to Friday

ENGLISH LANGUAGE TEACHING

Our programme is accredited by the British Council to guarantee the highest quality of service in English classes. Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a football context. Students receive 8 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival and placed with other students of approximately the same level.

In addition to the use of the latest video analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham United Foundation's staff and covering areas including Scouting/Player identification, Nutrition and Physical Conditioning and other specialist areas. During the course participants will have visits from a Professional coach from West Ham United who will share their expertise and knowledge of the professional sports world. A personal football assessment will be given at the end of the programme.

WEEKLY TRAINING SCHEDULE

- 5-days training at West Ham United Foundation training complex, English students 19 hours football
- 8 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full board, ensuite residential accommodation & free supervised internet access
- Evening activities every night for residential students
- Excursion: 1 half-day West Ham United Stadium Tour
- Excursion: second week, half-day shopping and karting
- Personal development plan
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player 's closing ceremony
- Football Only: In total 27 hours of football training, workshops and seminars
- Medical Insurance

PROGRAMME FEES

Programme	Duration	Day Camp
Day Camp programme	1 Week	£1,400
Day Camp programme	2 Weeks	£2,800
Optional English Classes: 2 Weeks £300 / 1 week £150		
Registration Fee £150		

*Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

OPTIONAL FEES

- Extra night **£125**

***Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Friday**.

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WAY

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THE ACADEMY OF FOOTBALL

THE ACADEMY OF FOOTBALL SUMMARY

West Ham United Foundation Academy of Football offers international student-athletes from all over the world the opportunity to experience world-class training and match-play under the tutelage of the West Ham United Foundation coaching team.

The Academy's high-performance programme incorporates an individual and team play focus with specialised development plans in all the key areas. Student-athletes receive elite technical and tactical training along with a personalised strength & conditioning and recovery programme enabling them to reach their maximum potential.

All student-athletes are profiled and analysed to assess their strengths and weaknesses. The coaching team and sports science department will address physique, pace, attitude, work rate, technical ability, game knowledge and player Intelligence in order to identify all areas to be developed.

Our highly specialist approach also integrates the latest sports technology and science - such as wearable trackers for in-depth technical metrics, pro-level laboratory fitness testing and the latest technology in video analysis and live match broadcasting.

This unique training opportunity can be combined with multiple academic pathways allowing students to continue with A-Levels, H N D s, and International Foundation Diplomas in order to achieve their next goal, whether that be university in the UK, a US university with a football scholarship or developing their professional sports career.

Athletes, both boys and girls, of any nationality, between the age of 16 and 20 are eligible to apply for the recruitment process. The Academy of Football has three intakes each year: September, January and April. You will also have the possibility to blend your training with a range of professional FA qualifications.

Realise your dreams...

Achieve your goals...

At the Academy of Football!

BRIAN DEAR

Footballer
Born: 18 September 1949
Died: 29 August 2002
Appearances: 85
Goals: 39

Achievements
European Cup Winner Cup-winner 2002

After playing for over 20 years, Brian Dear was a professional footballer for 10 years. He played for West Ham United, Luton Town, and Brentford. He was a member of the England national football team and played in the 1970 FIFA World Cup. He was also a member of the England national football team and played in the 1970 FIFA World Cup. He was also a member of the England national football team and played in the 1970 FIFA World Cup.

THE ACADEMY OF FOOTBALL



Choices
International

THE ACADEMY OF FOOTBALL



ACADEMY TRYOUT

**WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY
BE A PART OF A CHAMPIONSHIP WINNING TEAM!**

KEY FACTS

LOCATION

London

ACCOMMODATION

UCL University

TRAINING GROUND

Bobby Moore Sports Hub &
West Ham United Foundation

PROGRAMME AVAILABLE

Individual & Group Programme

DURATION

1-2 Weeks

START DATES

1 Week: 19th, 26 July

Two weeks: 19th, 26 July

AGE RANGE

Males - Females

16-17 & 18-21

During the clinic you will train as a professional and full-time WHU coaches will prepare you and help you demonstrate your full potential at the official tryout for the Academy of Football. A unique opportunity to enjoy an elite football experience and be accepted into the Academy of Football for international players or reserve your place for a future admission. Hit the mark and become a Hammer!

HIGH-PERFORMANCE TRYOUT OVERVIEW

As a leading team within the UK Premier League - the most competitive league in the world - West Ham United Academy applies the same demanding standards to all its players. Expect no less during this Tryout. Our elite High-Performance approach integrates the latest sports science and technology with Premier League level training techniques to provide an intensive programme that will test and help optimise the performance of all participants.

TRYOUT FOR THE ACADEMY OF FOOTBALL

You decide if you want to participate in the official tryout for the Academy of Football or use the programme to prepare for future tryouts.

If you are accepted, you will have the opportunity to continue training at this same level for the entire season as well as participating in talent ID sessions and demanding match play fixtures against other top academy teams. Live in London at one of our residential options and become a full-time academy player.

This unique training opportunity can be combined with multiple academic pathways allowing all participants to continue their studies in order to achieve their next goal, whether that be university in the UK, a US college with the aim of a soccer scholarship or developing their professional sports career either on or off the pitch.

Athletes, both boys and girls between the age of 16 to 19 are eligible. The Academy of football has three intakes each year: September, January and April. You will also have the possibility to blend your training with a range of academic qualifications.

Players in the tryout will also have the unique opportunity to have a personal development plan and guidelines to enter the academy and progress on the pathway of their choice.

WEEKLY TRAINING SCHEDULE

- Full-Board residential accommodation en suite rooms
- Daily transfer by private coach to training facilities
- WHUF Tryout for the International Academy of Football
- Tactical and technical training conducted by licensed UEFA staff
- Matchplay: small-sided games and 11 v 11
- Video recorded games
- GPS Trackins: You will wear a vest with a GPS tracker so we can measure your workload and performance over a specific period
- On-pitch Testing: Speed, agility and ball mastery testing will be carried out on-pitch and you will be benchmarked against our current academy players. Our state-of-the-art Ai vision technology will measure each test accurately
- Interview with the Academy manager: This is to discuss your footballing experience and your future goals
- Medical Insurance

SEMINARS

- WHU DNA, Values & History
- Well-being Seminars on nutrition, injury prevention, recovery
- Seminar on Talent ID
- Seminar Opposition Analysis

EXCURSIONS

- WHU Stadium Tour
- 1 full-day (London Tour) for 2-week students

PROGRAMME FEES

Programme	Duration	Residential Price
Try-Out	1 Week	£2,100
Try-Out	2 Weeks	£4,100
Registration Fee £150		

OPTIONAL FEES

- Extra night **£125**

*Arrivals are on the **Sunday** prior to the course start date. **Departures** are on the **Friday**.

** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.

*** A 1-week programme includes 5 nights accommodation and 2-weeks includes 12 nights accommodation.



AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices are based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£155	£170	£175	£175	£130	£130

*Supplement for flight arrivals and departures before 9:00 am and after 9:00 pm each way: **£50**.

The first- half an hour of waiting time is free of charge. Extra waiting time charge per 30 minutes **£35.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees **won't be refunded** last minute changes will incur an extra cost **£75**.



FOUNDATION

SUMMER FOOTBALL CAMP

www.internationalacademyfootball.com

Accredited by the
 **BRITISH COUNCIL**
for the teaching
of English in the UK



Choices
International

THE ACADEMY OF FOOTBALL
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BECKTON, LONDON, E6 SNX UNITED KINGDOM