



SUMMER SPORT PROGRAMMES 2024



FOUNDATION

THE ACADEMY OF FOOTBALL

Elite Pro-Experience | Academic Year Programme

Accredited by the
 **BRITISH
COUNCIL**
for the teaching
of English in the UK



by Choices
International

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WELCOME TO OUR PROGRAMMES!

Our programmes combine the best, high-quality sports programmes with unique locations such in United Kingdom, Ireland, and Spain. The schedule has been carefully designed for teenagers from all over the world to blend a mixture of fun and education, in order to provide an unforgettable experience.

We are pleased to offer an exceptional range of summer & year-round programmes incorporating multiple activities and featuring West Ham United Foundation International Academy, Real Madrid Foundation, Atlético de Madrid, Rafa Nadal Academy among others.

Our Elite Football Academy, in association with West Ham United Foundation Academy, provides a year-round football academy with a leading premiership team. Football is combined with academic studies and provides a route for aspiring players to enter the professional arena.

- We aim to offer you the best, high-quality programmes combined with unique locations.
- We offer a wide and exciting choice of sports programmes, excursions and activities.
- We emphasize student well-being, safety and security.
- Our English teachers are highly-qualified with suitable experience and using the latest methodologies.
- School facilities and accommodation are selected for their standards of excellence.
- We cater for individuals and groups.

We look forward to welcoming you to our camps!

Inma Sánchez
Managing Director





LONDON

LONDON is the capital and largest urban area of both England and the United Kingdom. Our residential college is set on a beautiful traditional campus in east London. Our students benefit from both being close to London and living in a friendly environment.

Participants have the chance to improve their football skills by taking part in one of our leading football programmes at West Ham United Foundation Football Academy. For those who are keen on playing tennis, golf or cricket the International Elite Academy is the right place to practice at a professional level.



HIGH PERFORMANCE

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Enjoy the football experience of a lifetime with this world-leading Elite Pro-Experience Football Programme!. Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide.

KEY FACTS

LOCATION

London

ACCOMMODATION

University of Art London,
(Sketch Campus)

TRAINING GROUND

WHU Foundation
Training Complex

PROGRAMME AVAILABLE

Individuals & groups

DURATION

1-5 weeks

START DATES

Session 1: 30th, 13th, July 2024
Session 2: 14th, 27th, July 2024
1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

Boys/Girls 12-17
Goalkeeping: Boys/Girls
12-17

OPTIONAL

Goalkeeping training
English classes

HIGH PERFORMANCE PROGRAMME

Reach your highest potential: focus on technical, tactical, team preparation and performance analysis, mental development and injury prevention.

Enhance your technical and match-play skills under the guidance of West Ham United Foundation's coaching team and participate in rewarding training sessions. Showcase your skills: demonstrate your passion and commitment for the game.

Football training in an academy system widely recognised as the best in the UK. Immerse yourself in the professional environment of a premiership club.

Learn what it takes to become a professional player and experience the best, intensive training of your life!

HIGH PERFORMANCE PROGRAMME STRUCTURE

- Designed for players already playing at a high-level.
- Aims to take participants to the next level through training methods and techniques developed for the professional teams.
- Training covers all areas of technical skills, tactical skills, physical conditioning and psychological techniques, providing a comprehensive and rewarding programme.
- Using the latest video analysis technology and training techniques, you can participate in our Pro-Experience seminars, delivered by West Ham United Foundation's staff. This covers areas including Scouting/Player identification,
- Nutrition and Physical Conditioning and other specialist areas.
- Candidates will be selected based on proven ability.
- Aim to integrate player into English football.
- Participants aged 12-17 who want to focus on Goalkeeping training, we offer specific training according to their level.

HIGH PERFORMANCE PROGRAMME STRUCTURE

English Programme plus Football: 15 hours of football training plus 12 hours of English classes per week. Our programme is accredited by the British Council to guarantee the highest quality of service in English classes.

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United Foundation training complex, 15 hours per week plus 12 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full-board residential accommodation
- Evening activities every night for students
- Excursion: first week, half-day to West Ham United Stadium
- Personal football assessment
- Seminars and video analysis
- Personal development plan
- Excursion: second week, half-day to Wembley Stadium
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- Free, supervised internet access
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player's closing ceremony
- Medical insurance
- High performance: 19 hours of football training

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price	Day Camp Price
High performance programme + language	Football & English	2 weeks	£3,900	£2,900
High performance programme	Football	2 weeks	£3,800	£2,800
High performance programme + language	Football & English	1 week	£1,900	£1,500
High performance programme	Football	1 week	£1,800	£1,400
Registration Fee £150				

*Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

*Goalkeeping training is only available from 30th June to 21st July 2024

OPTIONAL FEES: • Extra night £125

* Arrivals are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.



AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence. Prices are based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£135	£150	£155	£155	£110	£110

* Supplement for flight arrivals and departures before 9:00am and after 9:00pm each way: **£50**.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided **20 days prior to arrival**.

**** Transfer fees **won't be refunded** last minute changes will incur an extra cost.



PRICE EACH WAY

£75

UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

If your son/daughter is under 16 years of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. Unless we are notified otherwise, this service will automatically be supplied and invoiced.



PRO CLUB FOOTBALL EXPERIENCE

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Enjoy the football experience of a lifetime with Pro Club Experience! Train at West Ham United Foundation International Academy and experience the professional training methods and philosophy that has made elite players worldwide.

KEY FACTS

LOCATION

London

ACCOMMODATION

University of Art London,
(Sketch Campus)

TRAINING GROUND

West Ham United Foundation
Training Complex

PROGRAMME AVAILABLE

Individuals & groups

DURATION

1-5 weeks

START DATES

Boys & Girls

Session 1: 30th, 13th, July 2024

Session 2: 14th, 27th, July 2024

1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

Boys/Girls 10-17

Goalkeeping: Boys/Girls
12-17

OPTIONAL

Goalkeeping training
English classes

DEVELOPMENT PROGRAMME

Immerse yourself in a professional football environment with like-minded football enthusiasts and enhance your technical and match-play skills under the guidance of the Pro Coaching team. At the same time as participating in rewarding training sessions, it is an opportunity to showcase your skills through the game. Coaching sessions are aimed to develop the players football skills like agility, positioning, ball control, passing and moving, formations and tactics, but also the ability to attack and defend.

You will receive football training in an academy system widely recognised as the best in the UK. You will have the opportunity to experience football training delivered by a leading Premiership club and experience what it takes to train in a professional football environment.

PROGRAMME STRUCTURE

- Designed for players who are at a standard level and/or are aiming to break-into hi-performance level.
- By immersing players in a pro-club environment, it aims to help players develop and improve techniques in all areas including technical, physical, and psychological aspects of the game.
- In addition to the use of the latest video-analysis technology and training techniques, participants will have the opportunity to participate in our Pro- Experience seminars, delivered by West Ham experts and covering areas including Scouting/ Player identification, Nutrition and Physical Conditioning and also specialist areas.

For those participants aged 12 - 17 who want to focus on goalkeeping training, we offer complementary training according to their level.

ENGLISH LANGUAGE TEACHING

English Programme plus Football: 15 hours of football training plus 12 hours of English classes per week. Our programme is accredited by the British Council to guarantee a high-quality of service in English classes.

We offer this programme as both Residential or Day-Camp.

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United Foundation training complex, 15 hours
- 12 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full board residential accommodation & free supervised internet access
- Medical insurance
- Evening activities every night for residential students
- Excursion: 1 half-day West Ham United Stadium Tour
- Player report feedback
- Seminar and workshops
- 1 half day to Wembley Stadium for 2-week students
- 1 full-day (London Tour) for 2-week students
- Daily transfer to training facilities by coach
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player's closing ceremony
- Development programme: 19 hours of football training

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price	Day Camp Price
Development Programme + Language	Football & English	2 weeks	£3,900	£2,900
Development Programme	Football	2 weeks	£3,800	£2,800
Development Programme + Language	Football & English	1 week	£1,900	£1,500
Development Programme	Football	1 week	£1,800	£1,400
Registration Fee £150				

* Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

* Goalkeeping training is only available from 30th June to 21st July 2024

OPTIONAL FEES: • Extra night £125

* Arrivals are on the **Sunday** prior to the course start date. Departures are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.



AIRPORT TRANSFERS

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* Supplement for flight arrivals and departures before 9:00am and after 9:00pm each way: **£50**.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided **20 days prior to arrival**.

**** Transfer fees **won't be refunded** last minute changes will incur an extra cost.



UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

If your son/daughter is under 16 years of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE EACH
WAY

£75



STANDARD FOOTBALL EXPERIENCE

We are pleased to offer this Football Experience as part of our football programmes:

Enjoy the football experience and train at West Ham United Foundation International Academy and experience the professional- training methods and philosophy that has made elite players worldwide.

STANDARD PROGRAMME

If you want to learn or practice football immerse yourself in a professional football environment and enhance your technical and match-play skills under the guidance of the Coaching team. At the same time as participating in rewarding training sessions, it is an opportunity to develop your skills through the game. Coaching sessions are aimed to develop the players soccer skills like agility, positioning, ball control, passing and moving, formations and tactics but also the ability to attack and defend.

You will receive football training in an academy system widely recognised as the best in the UK. You will have the opportunity to experience football training delivered by a leading Premiership club and experience what it takes to train in a professional football environment.

PROGRAMME STRUCTURE:

The programme is designed for players who are at a standard level who want to learn or practice football. By immersing players in a pro-club environment, it aims to help players develop and improve techniques in all areas including technical, physical, and psychological aspects of the game. In addition to the use of the latest video-analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham United experts and covering areas including Player identification, Nutrition and Physical Conditioning and other their specialist areas.

For those participants aged 12 - 17 who want to focus on GOALKEEPING training, we offer complementary training according to their level.

ENGLISH LANGUAGE TEACHING

English Programme plus Soccer: 15 hours of soccer training plus 12 hours of English classes per week. Our programme is accredited by British Council to guarantee the high- quality of service in English classes.

We offer this programme as both Residential or Day-Camp

KEYFACTS

LOCATION

London

ACCOMMODATION

University of Art London,
(Sketch Campus)

TRAINING GROUND

West Ham United
Foundation Training
Complex

PROGRAMME AVAILABLE

Individuals & groups

DURATION

1- 5 weeks

START DATES

Boys & Girls

Session 1: 30th, 13th, July 2024

Session 2: 14th, 27th, July 2024

1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

Boys/Girls 10- 17

Goalkeeping: Boys/Girls

OPTIONAL

Goalkeeping training

English classes

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United training complex, 15 hours
- 12 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- Full-board residential accommodation
- Evening activities every night for residential students
- Medical insurance
- 1 half-day West Ham Stadium Tour
- Seminar and workshops
- 1 half day to Wembley Stadium for 2-week students
- 1 full-day (London Tour) for 2-week student
- Free, supervised internet access
- Standard programme: 19 hours of football activities including workshops and seminars
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player's closing ceremony

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price	Day Camp Price
Standard Programme + Language	Football & English	2 weeks	£3,900	£2,900
Standard Programme	Football	2 weeks	£3,800	£2,800
Standard Programme + Language	Football & English	1 week	£1,900	£1,500
Standard Programme	Football	1 week	£1,800	£1,400
Registration Fee £150				

* Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

* Goalkeeping training is only available from 30th June to 21st July 2024

OPTIONAL FEES: • Extra night £125

* Arrivals are on the **Sunday** prior to the course start date. Departures are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.



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UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

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PRICE EACH WAY

£75



GOALKEEPER PROGRAMME

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Develop your goalkeeping skills with the world famous West Ham United Academy coaching programme and gain an insight into the best techniques and goalkeeping training methods.

Goalkeeping Teach players those vital skills such a handling, footwork and distribution which can be overlooked when training as part of a team. West Ham United Foundation's coaches work on specific technical aspects for the goalkeeper position as well as the psychological aspect of this game. Players will have the opportunity in our seminars to get an overview from West Ham United Foundation's specialized staff in all aspects of this game. The programme is designed to meet the requirements of goalkeepers who require further technical detail incorporated into their training to aid progression and development.

This programme is unique in providing in-depth training covering technical skills, tactical appreciation, psychology and physical training techniques. The Coaching programme is delivered by WHUF trained, UEFA qualified coaches using the West Ham United academy model. It takes place at West Ham United Stadium training complex in London. This programme is open to boys and girls aged 12- 17years old.

GOALKEEPING

Goalkeeping courses teach players those additional vital skills such a handling, footwork and distribution which can be overlooked when training as part of a team. Our goalkeeping courses are specialised, and we work in smaller groups to enhance development and therefore fitness levels should be of a high standard. Goalkeepers train independently to our football academy programme but come together during session enabling players to put techniques into practice.

ADVANCED GOALKEEPING

Advanced goalkeeping courses work on the same basis as standard goalkeeping, but sessions are designed to meet the requirements of senior and advanced goalkeepers who require further technical detail incorporated into their training to aid progression and development. Advanced sessions are physically and technically challenging, and we recommend that players be of a high standard of both fitness and ability. Goalkeepers who attend these sessions may have the opportunity to highly improve their skills. Advanced Goalkeeping courses available to boys and girls of an advanced level aged 12- 17years old.

KEYFACTS

LOCATION

London

ACCOMMODATION

University of Art London,
(Sketch Campus)

TRAINING GROUND

West Ham United
Foundation Training
Complex

PROGRAMME AVAILABLE

Individuals & groups

DURATION

1-4 weeks

START DATES

Boys & Girls

Session 1: 30th, 13th, July 2024

Session 2: 14th, 27th, July 2024

1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

Boys/Girls 12-17

Goalkeeping: Boys/Girls

OPTIONAL

Goalkeeping training
English classes

GOALKEEPING

Goalkeeping courses teach players those additional vital skills such as handling, footwork and distribution which can be overlooked when training as part of a team. Our goalkeeping courses are specialised, and we work in smaller groups to enhance development and therefore fitness levels should be of a high standard. Goalkeepers train independently to our football academy programme but come together during sessions enabling players to put techniques into practice.

ENGLISH COURSE PLUS GOALKEEPING

This programme is designed for boys and girls of all abilities aged 12-17 years old, to improve their goalkeeping skills. It consists of 10 hours of soccer training plus 5 hours goalkeeping training and 12 hours of English classes per week.

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United Foundation training complex, 15 hours
- West Ham United Foundation 2 training kits
- Full board residential accommodation & free supervised internet access
- Excursion: 1 half-day West Ham United Stadium Tour
- Player report feedback
- 1 half-day excursion to Wembley Stadium for 2 weeks students
- 1 full-day (London Tour) for 2-week students
- Daily transfer to training facilities by coach
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player's closing ceremony
- Goalkeepers will have 10 hours of football training plus 5 hours of goalkeeping
- Medical insurance
- Seminar and workshops

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price	Day Camp Price
Goalkeeping Programme + Language	Football & English	2 weeks	£3,900	£2,900
Goalkeeping Programme	Football	2 weeks	£3,800	£2,800
Goalkeeping Programme + Language	Football & English	1 week	£1,900	£1,500
Goalkeeping Programme	Football	1 week	£1,800	£1,400
Registration Fee £150				

* Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

* Goalkeeping training is only available from 3rd June to 21st July 2024

OPTIONAL FEES: • Extra night £125

* Arrivals are on the **Sunday** prior to the course start date. Departures are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.



AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence. Prices are based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£135	£145	£155	£155	£110	£110

* Supplement for flight arrivals and departures before 9:00am and after 9:00pm each way: £50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided **20 days prior to arrival**.

**** Transfer fees **won't be refunded** last minute changes will incur an extra cost.



DAY CAMP

WEST HAM UNITED FOUNDATION INTERNATIONAL FOOTBALL ACADEMY

Enjoy the football experience of a lifetime with our Elite Pro-Experience! Train at West Ham United Foundation International Academy and experience the professional training methods that have made elite players worldwide. With the Choices Day Camp Programme, participants will have a chance to build self-confidence and to participate in team building activities. We want to ensure students enjoy their summer stay with us and to learn useful skills for the future. We create a warm, fun and safe environment for players, within excellent facilities.

KEYFACTS

LOCATION

London

ACCOMMODATION

University of Arts London
(Sketch Campus)

TRAINING GROUND

West Ham United
Foundation Training
Complex

PROGRAMME AVAILABLE

Individuals & groups
High Performance
Development Programme
Standard Programme
Goalkeeper Programme

DURATION

1-5 weeks

START DATES

Boys & Girls

Session 1: 30th, 13th, July 2024

Session 2: 14th, 27th, July 2024

1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

Boys/Girls 10-17

Goalkeeping: Boys/Girls

OPTIONAL

Goalkeeping training

WHAT IS YOUR LEVEL OF FOOTBALL?

Day camp participants can choose between the different options:

- **High Performance:** For participants who are playing for a club or are highly skilled. Players can pursue the highest potential, focused on technical, tactical, team preparation and performance analysis plus injury prevention.
- **English Course plus Football:** 15 hours of football training plus 12 hours of English classes per week.
- **Development Programme:** designed to involve participants to practice and learn all footballing abilities.
- **Goalkeeping Programme:** specialised position training with unique drills & coaching insight. This programme is available in July from 3rd July to 21st July 2023

This programme runs from Monday to Friday

ENGLISH LANGUAGE TEACHING

Our programme is accredited by the British Council to guarantee the highest quality of service in English classes. Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a football context. Students receive 12 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival and placed with other students of approximately the same level.

In addition to the use of the latest video analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham United Foundation's staff and covering areas including Scouting/Player identification, Nutrition and Physical Conditioning and other specialist areas. During the course participants will have visits from a Professional coach from West Ham United who will share their expertise and knowledge of the professional sports world. A personal football assessment will be given at the end of the programme.

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United training complex, 15 hours of training
- 12 hours of English classes (if requested)
- West Ham United Foundation 2 training kits
- 1 half-day West Ham United Stadium Tour
- Personal football assessment
- Seminar and video analysis
- Personal development plan
- Weekly seminars delivered by West Ham United Foundation covering all sports fields

- 1 half-day excursion to Wembley Stadium for 2-weeks students
- Daily transfer to the school after training
- Medical insurance
- 1 full-day (London Tour) for 2-week students
- Free, supervised internet access
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches in a player's closing ceremony
- High performance / Development programme will include 19 hours of football training.

PROGRAMME FEES

Programme	Course Type	Duration	DayCamp Price
High performance programme +English classes	Football & English	2 weeks	£2,900
High performance programme	Football	2 weeks	£2,800
Development programme +English classes	Football & English	1 week	£1,500
Development Programme	Football	1 week	£1,400

Registration Fee £150

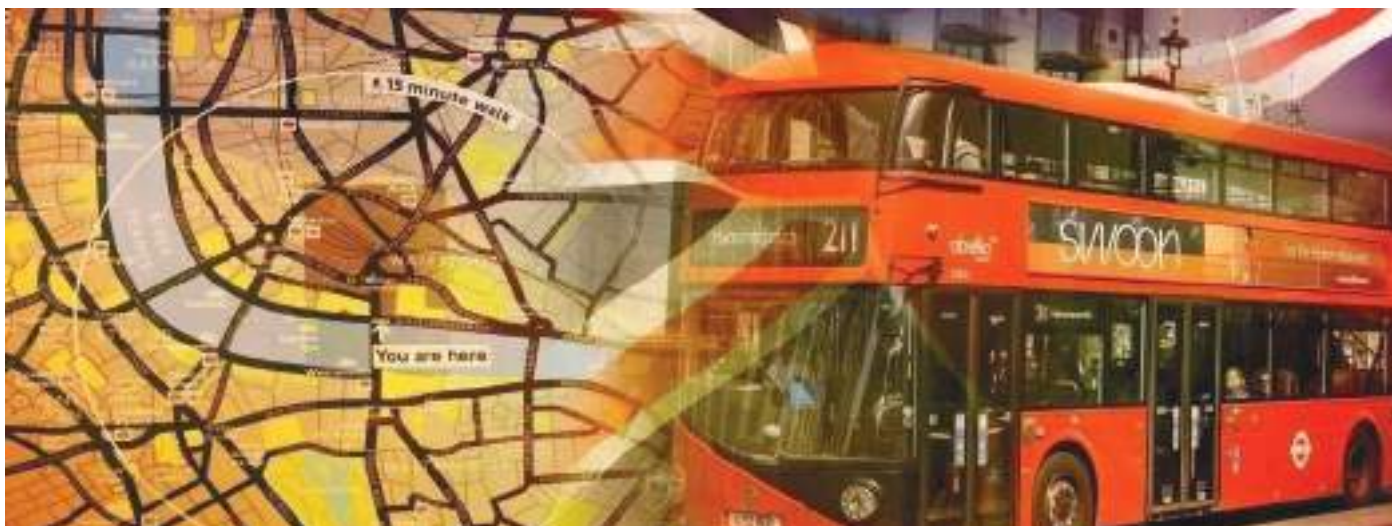
* Goalkeeping training is available from 3rd July to 21st July 2024

* Girls training programme is only available from 3rd June to 21st July 2024

- **Day Camp Programme** runs from **Monday** to **Friday**. Consists of 15 hours of football per week and incorporates practical training on skills and tactics.
- **Arrivals** are on the **Sunday** prior to the course start date. **Departures are on Friday**.
- It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.

PROGRAMME MEETING POINT - Beckton Training Facilities

- **Drop off:** Drop off time is 9.30:00 a.m.
- **Pick up:** Pick up time is 6:00 p.m.
- Students must check in at the residence on the Sunday prior to the course start date.





THE ACADEMY OF FOOTBALL

THE ACADEMY OF FOOTBALL SUMMARY

West Ham United Foundation Academy of Football offers international student-athletes from all over the world the opportunity to experience world-class training and match-play under the tutelage of the West Ham United Foundation coaching team.

The Academy's high-performance programme incorporates an individual and team play focus with specialised development plans in all the key areas. Student-athletes receive elite technical and tactical training along with a personalised strength & conditioning and recovery programme enabling them to reach their maximum potential.

All student-athletes are profiled and analysed to assess their strengths and weaknesses. The coaching team and sports science department will address physique, pace, attitude, work rate, technical ability, game knowledge and player Intelligence in order to identify all areas to be developed.

Our highly specialist approach also integrates the latest sports technology and science - such as wearable trackers for in-depth technical metrics, pro-level laboratory fitness testing and the latest technology in video analysis and live match broadcasting.

This unique training opportunity can be combined with multiple academic pathways allowing students to continue with A-Levels, H N D s, and International Foundation Diplomas in order to achieve their next goal, whether that be university in the UK, a US university with a football scholarship or developing their professional sports career.

Athletes, both boys and girls, of any nationality, between the age of 16 and 20 are eligible to apply for the recruitment process. The Academy of Football has three intakes each year: September, January and April. You will also have the possibility to blend your training with a range of professional FA qualifications.

Realise your dreams...

Achieve your goals...

At the Academy of Football!





THE ACADEMY OF FOOTBALL



ACADEMY TRYOUT

WEST HAM UNITED FOUNDATION

BE A PART OF A CHAMPIONSHIP WINNING TEAM!

During the clinic you will train as a professional and full-time WHU coaches will prepare you and help you demonstrate your full potential at the official tryout for the Academy of Football. A unique opportunity to enjoy an elite football experience and be accepted into the Academy of Football for international players or reserve your place for a future admission. Hit the mark and become a Hammer!

High-Performance Tryout overview

As a leading team within the UK Premier League - the most competitive league in the world - West Ham United Academy applies the same demanding standards to all its players. Expect no less during this Tryout. Our elite High-Performance approach integrates the latest sports science and technology with Premier League level training techniques to provide an intensive programme that will test and help optimise the performance of all participants.

Tryout for the Academy of Football:

You decide if you want to participate in the official tryout for the Academy of Football or use the programme to prepare for future tryouts.

If you are accepted, you will have the opportunity to continue training at this same level for the entire season as well as participating in talent ID sessions and demanding match play fixtures against other top academy teams. Live in London at one of our residential options and become a full-time academy player.

This unique training opportunity can be combined with multiple academic pathways allowing all participants to continue their studies in order to achieve their next goal, whether that be university in the UK, a US college with the aim of a soccer scholarship or developing their professional sports career either on or off the pitch.

Athletes, both boys and girls between the age of 16 to 19 are eligible. The Academy of Football has three intakes each year: September, January and April. You will also have the possibility to blend your training with a range of academic qualifications.

Players in the tryout will also have the unique opportunity to have a personal development plan and guidelines to enter the academy and progress on the pathway of their choice.

KEYFACTS

LOCATION

London

ACCOMMODATION

University of Art London,
(Sketch Campus)

TRAINING GROUND

West Ham United Foundation
Chadwell Heath

PROGRAMME AVAILABLE

Individuals & Groups

DURATION

1-2 weeks

START DATES

Males & Females

Full session two weeks

From: 21st to 3rd August

1 week: 28th July

AGE RANGE

Males / Females

16 -17 | 18 -19

WEEKLY PROGRAMME SCHEDULE INCLUDES:

- Full-Board residential accommodation en suite rooms
- Daily transfer by private coach to training facilities
- WHUF Tryout for the International Academy of Football
- Tactical and technical training conducted by licensed UEFA staff
- Matchplay: small-sided games and 11 v 11
- Highlight video creation
- Video recorded games
- Strength and conditioning with professional assessments
- Physiotherapy support:
 - * Physio session
 - * Injury Prevention & Pre-hab sessions
- Independent Player Analysis Report - Premier League Scout
- Official Player report from WHU Coaching team
- Professional footballer screening tests in sports laboratory:
 - *VO2 max test for aerobic capacity with breath-by-breath analysis on the treadmill
 - *Peak Power and fatigue index analysis using Watt bike
 - * Body Fat Analysis using BIA machine
 - * Lung Capacity analysis
 - * Force plate jump analysis

- Sports Technology: GPS vest training
 - *Benchmarking of training load & match day physical demands
 - * Individual management of training load
 - * Establish realistic individual training goals
 - * Field-based plyometrics & power delivery
 - *Field-based running mechanics & speed training delivery
- Kit: WHUF uniform kit
- Medical Insurance

Seminars

- WHU DNA, Values & History
- Mental conditioning seminar with a professional sports psychologist
- Wellbeing Seminars on nutrition, injury prevention, recovery, lifestyle balance.
- Seminar on Talent ID in Category 1 clubs
- Seminar Opposition Analysis

Excursions

- WHU Stadium Tour
- Full-day Excursion around London

PROGRAMME FEES

Programme	Course Type	Duration	Residential Price
Try-Out	High Performance	1 week	£2,100
Try-Out	High Performance	2 weeks	£4,200
Registration Fee £150			

* Arrivals are on the **Sunday** prior to the course start date. Departures are on the **Saturday**.

** It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.



AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence. Prices per person based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 135	£145	£155	£155	£110	£110

* Supplement for flight arrivals and departures before 9:00am and after 9:00pm each way: **£50**.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided **20 days prior to arrival**.

**** Transfer fees **won't be refunded** last minute changes will incur an extra cost.



THE ACADEMY OF FOOTBALL



WEST HAM UNITED INTERNATIONAL ACADEMY HIGH PERFORMANCE CLINIC

Welcome to the High Performance Clinic for the West Ham United Foundation International Academy of Football.

This programme provides an unprecedented opportunity for aspiring footballers, eager to demonstrate their potential and earn a spot in the academy's squad.

KEY FACTS

LOCATION:

London

ACCOMMODATION OPTIONS:

Hackney Wick

Family Accommodation

Hotel

PROGRAMME AVAILABLE:

Individuals & Groups

DURATION

2-4 weeks

START DATES

Every month

AGE RANGE

16-17 | 18-20

PROGRAMME DESCRIPTION

The High Performance Clinic for the West Ham United International Academy is an intensive experience where applicants' football skills, physical fitness, strategic understanding, and overall endurance will be put to the test. As part of the programme, participants will:

1. Train - The applicants will undergo an intense training process designed to help them improve and showcase their technical skills, physical endurance, and game understanding. This rigorous training will be conducted under the mentorship of the esteemed coaches from the West Ham United Academy. 10 hours a week of on-pitch training
2. Work with Current Academy Squad - A unique chance to train with the current players of the international academy team. This opportunity allows applicants to gain insight into the team dynamic, feel the rigours of a high-performance environment, and experience the level of professionalism required.
3. On and Off Pitch Testing - A dual testing approach to evaluate applicants' performance not just on the field but off the field as well. This includes areas like physical conditioning, ball mastery, tactical acumen, mental strength, leadership qualities, and decision-making under pressure.

By the end of this rigorous programme, qualified aspirants stand a chance to secure a spot in the upcoming term or season at the Academy.

WHAT TO EXPECT

Participants should be prepared for challenging training sessions and extensive mentoring from our expert coaching staff. Off the field, expect strategic and mental workshops which will help us assess your overall resilience and game intelligence.

At the West Ham United Foundation International Academy , you won't just be showing us your skills - you'll be pushed to your max and given the tools to refine your potential. We're looking forward to seeing what you can bring to the pitch and beyond, possibly leading you to become a part of our esteemed programme.

Please note that the places for the high performance clinic programme are limited. Due to the nature of this programme, the selection process is competitive. Prepare to give your best and prove why you deserve a place in our squad.



PROGRAMME FEES

PROGRAMME	COURSE TYPE	DURATION	RESIDENTIAL ACCOMODATION	FAMILY ACCOMMODATION
CLINIC	High performance	2 Weeks	£ 3,100	£ 3,000
CLINIC	High performance	4 Weeks	£ 6,200	£ 6,100
Clinic & English course	High performance	2 Week	£ 3,600	£3,500
Clinic & English course	High performance	4 Weeks	£ 7,200	£ 7,100
Registration fee £150				

- * Minimum period to book residential accommodation is two weeks
- ** Residential accommodation is subject to availability
- *** Residential deposit and bed linen isn't included in the price



CRICKET ACADEMY BY CHOICES INTERNATIONAL

Choices International are providing a unique opportunity for junior players to train in London, at the Lord's Indoor Cricket Centre, the historic center of world cricket. As the home of English Cricket, Lord's has hosted over 200 years of cricket history. The world's most famous players train and compete in the city each summer and, through the Choices International Cricket Academy, junior players can follow the training experiences of the elite. Led by world-class coaches in England's leading training facility, players will have access to the latest technology and techniques to enhance their skills.

KEY FACTS

LOCATION

Lord's Cricket Ground, London

DURATION

1 week minimum

START DATES

October, February, April, July

AGE RANGE

10 to 17

PROGRAMME AVAILABLE TO

Groups

PROGRAMME

The Lord's Indoor Cricket Centre programme provides skills training as well as opportunities for indoor games at the world-class cricket facilities. Training is overseen by the highly experienced coaches who will provide insight and advice supported by the use of the latest performance analysis technology:

Lord's Indoor Cricket Centre training sessions are run in small groups to maximise coaching time. Players of all abilities are welcome to learn from this in-depth experience. We offer two different training performance levels:

Silver Development Programme

Fun and Enjoyable training with strong technical coaching to help players improve. Emphasis on individual skills through specialised classes, with all players being given a future performance plan and report to build on at their home club.

Gold High Performance Programme

Technical coaching and analysis to help players strive towards their targets and aspirations. Players will also spend time learning about tactical analysis and team responsibilities. All individuals will receive a comprehensive performance review.

High Performance batting analysis

Pitch Vision technology allows the coaches to offer in-net analysis of a player's performance. This provides instant form feedback in the net itself and maximises the coaching experience. Player reports will include a video of performance and stats package.

High Performance bowling analysis

Using Hawkeye, coaches can accurately pin-point bowling speed, line and length to measure areas of performance enhancement. Players can experience visual feedback in virtual-reality delivery play-back within a virtual match environment.

A WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 3 hours of daily coaching.
- Training at Lord's Indoor Cricket Centre
- Detailed coaching analysis using advanced equipment and technology.
- Medical Insurance
- Tour of Lord's Cricket Ground & the MCC Museum
- All training transport provide
- Full board, residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for a 2-week bookings to exciting London locations.
- Closing presentation & certificate award



PROGRAMME FEES per week

COURSES	1-WEEK	2-WEEKS	ADDITIONAL WEEKS
Development Programme	£2,100	£4,200	£2,100
High Performance Programme	£2,100	£4,200	£2,100
Registration Fee	£ 150		
RESIDENTIAL ACCOMMODATION DEPOSIT PAID <u>IN CASH</u> ON ARRIVAL- Mandatory			
			£ 175 reimbursable

OPTIONAL FEES: • Extra night £ 125

* **Arrivals** are on **Sundays**. Training is run between Monday and Friday. **Departures** are on **Saturdays**.

** It is compulsory to pay the residential **deposit in cash on arrival**.

*** It is compulsory to bring the **original passport to the camp**. The document will be kept by Choices staff.

AIRPORT TRANSFERS



Choices International Transfer Services offer personal meet and greet services from any airport in London at any time. Large groups can be collected by coach; individuals can be collected by private car.

Please enquire about group coach costs.

Private car transfer prices are based on one-way transfer:

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 135	£145	£ 155	£ 155	£ 110	£ 110

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided 20 days prior to arrival.

**** Transfer fees **won't be refunded**: last-minute changes will incur an extra cost.



UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company) If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE
EACH WAY

£ 75



KEYFACTS

LOCATION

University of Art London
London

TRAINING GROUNDS

Lee Valley tennis Centre
Queen Elizabeth Olympic
Park

DURATION

1 - 4 weeks

START DATES

Boys & Girl

Session 1: 30th, 13th, July 2024

Session 2: 14th, 27th, July 2024

1 Week: 30th, 7th, 14th, 21st, 28th

AGE

Residencial: 10 - 17

Day Camp: 9 - 17

PROGRAMME AVAILABLE TO GROUPS

Minimum 5 students

INTERNATIONAL TENNIS ACADEMY

Take your game to the next level, make lasting friendships on court, be inspired to become a better player - create your tennis story!

Choices International Summer Tennis Programme is situated at the world-class, Lee Valley Tennis Centre Queen Elizabeth Olympic Park venue; the home of the 2012 Olympic Games.

Against the backdrop of the London Olympic sports venues 2012, Lee Valley offers first rate tennis facilities with six outdoor courts and four indoors courts all year round. The facility is a base for LTA high-performance programmes and the home training venue for University of East London tennis teams.

Sessions are also provided at the prestigious **Connaught Club**. Dating back to 1885, the club boasts some of the top London tennis facilities within a premier club environment. The Tennis Club possesses some of the finest playing facilities in the country and provides the opportunity to play on different surfaces both indoor and outdoor.

English plus Tennis programme

For participants of all levels who wish to learn and practise; and improve their tennis technique. The programme consists of 10 hours of tennis training plus 15 hours of English course. Participants can choose a course according to their level.

English Language Teaching

Created exclusively for participants of all levels who wish to learn and practise; and improve their tennis technique. The programme consists of 10 hours of tennis training plus 15 hours of English course. Participants can choose a course according to their level.

Residential Accommodation

Individual en suite rooms at University of Arts London, Sketch Campus.

Day Camp Meeting Point - University of Arts London

Students must check in at the residence on the Sunday prior to the course start date.

LTA and/or ITF registered coaching staff

THE RESIDENTIAL CAMP INCLUDES

- 10-hours of tennis training per week.
- 15 hours of English tuition per week.
- Full board en suite residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for 2-week bookings to exciting London locations.
- Closing presentation & certificate award.

THE DAY CAMP INCLUDES

- 10-hours of tennis training per week.
- 15-hours of English tuition per week.
- Lunch included.
- 1 half-day excursion to an exciting London location.
- Medical insurance
- Free, supervised internet access.
- Closing presentation & certificate award.

PROGRAMME FEES per week

Programme	Course Type	Duration	Price
Tennis training + Language - Residential	Tennis & English	2 weeks (13 nights)	£ 3,900
Tennis training + Language - Residential	Tennis & English	1 week (6 nights)	£ 1,900
Tennis training + Language - Day Camp	Tennis & English	2 weeks	£ 2,900
Tennis training - Day Camp	Tennis	1 week	£ 1,500
Registration fee		£ 150	
RESIDENTIAL ACCOMMODATION DEPOSIT PAID <u>IN CASH</u> ON ARRIVAL - mandatory			£ 175 (reimbursable)

OPTIONAL FEES: •Extra night **£ 125.**

- * Arrivals are on the Sunday prior to the course start date. Departures are on the Saturday for residentials.
- ** Day camp departures are on Friday.
- *** It is compulsory to pay the residential **deposit in cash on arrival.**
- **** It is compulsory to bring the **original passport to the camp.** The document will be kept by Choices staff.

AIRPORT TRANSFERS



Choices International Car Transfer Services offer a personal meet and greet service from any airport in the London at anytime. Your son/daughter will be driven comfortably to the residence.

Prices are based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 135	£ 145	£ 155	£ 155	£ 110	£ 110

- * Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **£ 50.**
- ** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
- *** Flight information must be provided **20 days prior to arrival.**
- **** Transfer fees **won't be refunded:** last-minute changes will incur an extra cost.



PRICE EACH WAY

£ 75

UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. Unless we are notified otherwise, this service will automatically be supplied and invoiced.



DANCE PROGRAMME - LONDON

Dance knows no limitations; it simply is, in its various rhythms and styles, the most joyful expression of life!



The world-famous **Pineapple Dance Studios** in London will lead Choices International participants to gain new techniques and performance skills.

This programme is designed for beginner, intermediate and advanced dancers. Choose from various styles:

- Street Dance
- Musical Theatre
- Jazz, Contemporary, Ballet and Commercial

Enjoy the influence of the diverse cultures and dance styles that are an essential part of the international community, as well as the impact of the glamorous entertainment industry on exotic dance moves. **Take your talent to the extreme!**

Our Aims

- Provide students with an exceptionally high standard of teaching in all aspects of dance and theatre studies.
- Encourage and reward effort and achievement.
- Respect and encourage the individuality of each and every student.

English Language Teaching Our programme is accredited by British Council to guarantee the high quality of service in English classes. Created exclusively by Choices International, the programme develops English and communication skills.

Residential Accommodation

Individual en suite rooms at the University of Arts, Sketch Campus.

Day Camp Meeting Point - University of Arts London

Drop off: Drop off time is 8:30 a.m.

Pick up: Pick up time is 6:00 p.m. for students studying English classes

Students should check in at the residence on the Sunday prior to the course start date.

KEY FACTS

LOCATION

London
University of Arts
London

DURATION

2 or 4 weeks
(minimum stay 2 weeks)

START DATES

Boys & Girl

Session 1: 30th, 13th, July 2024
Session 2: 14th, 27th, July 2024

AGE RANGE

Boys & Girls

Residential Camp: 10 - 17
Day Camp: 9 - 17

THE RESIDENTIAL CAMP INCLUDES

- 10 1-hour dance sessions per week.
- 15 hours of English tuition per week.
- Full board, en suite residential accommodation.
- 1 half-day excursion per week and a two full-day weekend excursions for 2-week bookings to exciting London locations.
- Medical insurance
- Closing presentation & certificate award.

THE DAY CAMP INCLUDES

- 10 1-hour dance sessions per week.
- 15 hours of English tuition per week.
- Lunch included.
- 1 half-day excursion to an exciting London location.
- Medical insurance
- Student welfare and supervision during the programme
- Closing presentation & certificate award.

PROGRAMME FEES per week

COURSES	RESIDENTIAL CAMP	DAY CAMP
Dance Programme plus English Classes	£ 1,900	£ 1,500
Registration fee		£ 150
RESIDENTIAL ACCOMMODATION DEPOSIT PAID <u>IN CASH</u> ON ARRIVAL - mandatory		£ 175 (reimbursable)

OPTIONAL FEES: • Extra night £ 125

- * The dance programme is structured in **blocks of 2 weeks**.
- ** Arrivals are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday** for residentials.
- *** Day camp departures are on **Friday**.
- **** It is compulsory to pay the residential **deposit in cash on arrival**.
- ***** It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.
- ***** **This programme is subject to a minimum number of 5 students.**

AIRPORT TRANSFERS



Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices are based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 135	£ 145	£ 155	£ 155	£ 110	£ 110

- * Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **£ 50**.
- ** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
- *** Flight information must be provided **20 days prior to arrival**.
- **** Transfer fees **won't be refunded**: last-minute changes will incur an extra cost.



UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. Unless we are notified otherwise, this service will automatically be supplied and invoiced.

PRICE EACH WAY

£ 75



INTERNATIONAL ELITE GOLF ACADEMY - LONDON

Develop your golf skills in our International Golf Camp in London. The International Elite Golf Academy is a great way for junior golfers to take their game to the next level. Whether they are a recreational golfer, or a competitive junior golfer, our team can meet their needs in a fun and challenging environment.

KEY FACTS

CAMPUS LOCATION

University of Arts
London

(Sketch Campus)

TRAINING LOCATION

Crowlands Golf Centre

&

Greenwich Peninsula Golf

DURATION

2 - 4 weeks

(minimum stay 2 weeks)

START DATES

Boys & Girl

Session 1: 30th, 13th, July 2024

Session 2: 14th, 27th, July 2024

1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

Boys & Girls

13 - 17

Our programme is led by a highly experienced team who have coached young players to county, national and international level. It aims to develop all skill areas and utilises the latest technology to analyse and assess areas of strength and areas for improvement; thus, ensuring that you develop your all-round skills quickly and effectively. By incorporating advanced technology and a fresh and modern style of coaching, you will be guaranteed a rewarding experience.

You can also try the latest swing technology **RoboGolfPro** which is the first and only swing training technology that allows golfers to “FEEL” their ideal swing. What could take hours in standard lessons, practice, conversation and video review can now be created in just moments.

Participants can choose between different options:

•**English + Golf Camp (Beginner / Intermediate Level)** For participants who wish to improve their language skills (focusing on vocabulary development) as well as practice their golf techniques.

•**English +Golf Camp (Elite Programme)** For participants with a handicap who wish to improve their language skills and to continue development in their techniques at golf, emphasizing swing analysis and course management.

Residential Accommodation

Individual en suite rooms at the University of Arts, Sketch Campus.

Day Camp Meeting Point - University of Arts London

Drop off: Drop off time is 9:00 a.m.

Pick up: Pick up time is 6:00 p.m. For students studying English classes.

Students should check in at the residence on the Sunday prior to the course start date.

THE RESIDENTIAL CAMP INCLUDES

- 10 hours of training at a world-class golf academy.
- 15 hours of English tuition per week.
- Full board, residential accommodation.
- 1 half-day excursion per week and a full-day weekend excursion for 2-week bookings to exciting London locations.
- Closing presentation & certificate award.

THE DAY CAMP INCLUDES

- 10 hours of training at a world-class London academy.
- 15 hours of English tuition per week.
- Lunch included.
- 1 half-day excursion to an exciting London location
- Free, supervised internet access.
- Closing presentation & certificate award.

PROGRAMME FEES 2 weeks

COURSES	RESIDENTIAL	DAY CAMP
Golf programme plus English Classes	£ 4,200	£ 3,100
Registration Fee	£ 150	
RESIDENTIAL ACCOMMODATION DEPOSIT PAID <u>IN CASH</u> ON ARRIVAL- Mandatory		£ 175 (reimbursable)

OPTIONAL FEES: • Extra night **£125.**

This programme is subject to a minimum number of 5 students.

- * The golf programme is structured in **blocks of 2 weeks.**
- ** Arrivals are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday for residentials.**
- *** **Day camp departures are on Friday.**
- **** It is compulsory to pay the residential **deposit in cash on arrival.**

AIRPORT TRANSFERS



Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices are based on one-way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 135	£ 145	£ 155	£ 155	£ 110	£ 110

- * Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **£ 50.**
- ** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.
- *** Flight information must be provided **20 days prior to arrival.**
- **** Transfer fees **won't be refunded:** last-minute changes will incur an extra cost.



PRICE EACH WAY

£ 75

UNACCOMPANIED MINOR SERVICE (mandatory always when requested by the airline company)

If your son/daughter is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks him/her in for the flight and accompany him/her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your son/daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**



DISCOVER LONDON

Choices International is pleased to offer our destination **LONDON**

KEY FACTS

LOCATION

London

ACCOMMODATION

University of Arts campus
Individual en-suite room

DURATION

1 week minimum

START DATES

Session 1: 30th, 13th, July 2024
Session 2: 14th, 27th, July 2024
1 Week: 30th, 7th, 14th, 21st, 28th

AGE RANGE

11 - 17 years old

EXCURSIONS

Two Half-Day and two
Full Day per week

Fully supervised activities every
afternoon and evening



A world-class University location

Our Summer Camp programme takes place within the stunning University of Arts London campus. This is a beautiful campus, with new design buildings alongside modern, cutting-edge facilities. Located in the heart of London. The campus helps us provide a close-knit community feel for our students and a peaceful environment in which to study and live.

Located in the heart of south-east London and within easy reach of central London, studying with us will give you the best of both worlds: the community feel of a traditional university campus, with the culture and excitement of one of the greatest cities in the world.

A unique London Study-Experience

Our programme includes a fun range of multi-sports activities and excursions designed to really integrate you into London life and introduce you to the most significant London sites in Britain. At the same time, you will enhance your language skills through our interactive English course. All our teachers are native, accredited and highly qualified professionals.

Our programme is accredited by British Council to guarantee the high quality of service in English classes. Language tuition uses a fun, participative approach to learning and emphasises spoken language skills. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival and placed with other students of approximately the same level.

PROGRAMME

London is the capital and largest urban area of both England and the UK. Our students benefit from both being close to London and living in a friendly environment. They will discover the best of British culture and beyond to find out what makes Great Britain so great by visiting all of its wonderful landmarks. like the Parliament, Big Ben, Westminster Cathedral, and watch the sunset behind the London Eye. Wherever you choose, you're sure to be captivated by the city's atmospheric charm.

A sample of some activities:

- **HALF-DAY EXCURSIONS - depending on dates booked**
 - West Ham Stadium Tour & Westfields Shopping
 - British Museum Full board, residential
 - Greenwich & Cutty Sark
 - Tower of London
- **FULL-DAY EXCURSIONS - depending on dates booked**
 - River Boat & Walking London Sightseeing Tour & Tate Modern Tower of London
 - Windsor Castle
 - Museum Tour: Natural History & Science

RESIDENTIALACCOMMODATION

Individual en suite rooms at University of Arts London Sketch campus.

THE PROGRAMMES INCLUDES:

- Placement Test on arrival
- 15 hours of English classes.
- 24/7 staff welfare and supervision
- Full-Board en suite residential Programme
- Two half-day excursions by private coach
- Weekly Bus Pass
- Medical insurance
- Activity programme in the afternoon
- Fully Supervised activities
- Two full day excursion by private coach
- Closing presentation & certificate award

PROGRAMME FEES

COURSE FEES	
Social activities + English classes (1week)	£ 1,700
Social activities + English classes (2 weeks)	£ 3,400
Registration fee	£ 150

**** Deposit paid in cash on arrival of £175 (reimbursable) - Mandatory**

***** Arrivals are on the Sunday. Departures are on the Saturday.**

OPTIONAL FEES: • Extra night **£ 125.**

AIRPORT TRANSFERS

Choices International Car Transfer Services offer a personal meet and greet service from any airport in Great Britain at any time. Your son/daughter will be driven comfortably to the residence.

This programme is only available to groups with a minimum number of 15 students.

Prices are based on one way transfer.

HEATHROW	GATWICK	LUTON	STANSTED	LONDON CITY	ST. PANCRAS
£ 135	£ 145	£ 155	£ 155	£ 110	£ 110

* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **£ 50.**

** The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

*** Flight information must be provided **20 days prior to arrival.**

**** Transfer fees **won't be refunded:** last minute changes will incur an extra cost.



Soccer

English



Madrid

Tennis



London



Manchester

Majorca



Dance

Soccer

Summer

Cricket

Verano



Golf



60a Albatross Close,
Off Woolwich Manor Way, Beckton
London, E6 5NX
Tel: 0207 0973517



www.choices-international.com

Accredited by the

for the teaching
of English in the UK

