



## ELITE PRO-EXPERIENCE | WEST HAM UNITED FOUNDATION INTERNATIONAL ACADEMY 2021

We are pleased to offer this world-leading Elite Pro-Experience Soccer programme!

Enjoy the soccer experience of a lifetime with our Elite Pro- Experience! Train at West Ham United Foundation International Academy and experience the professional-training methods that have made elite players worldwide.

### BOYS' HIGH PERFORMANCE PROGRAMME

Players can pursue to reach their highest potential, focused on technical, tactical, team preparation and performance analysis, mental development and injury prevention. Immerse yourself in a professional football environment with like-minded soccer enthusiasts and enhance your technical and match-play skills under the guidance of West Ham United Foundation Coaching team. At the same time as participating in rewarding training sessions, it is an opportunity to showcase your skills and demonstrate your passion and commitment for the game.

You will receive soccer training in an academy system widely-recognised as the best in the UK. You will have the opportunity to immerse yourself in the professional environment of a premiership club, understand what it takes to become a professional player and experience the best, intensive training of your life!

### PROGRAMME STRUCTURE:

The programme is designed for players already playing at a high-level and aims to take participants to the next-level through training methods and techniques developed for the professional teams. Training covers all areas of technical skills, tactical skills, physical conditioning and psychological techniques to provide a comprehensive and rewarding programme. In addition to the use of the latest video analysis technology and training techniques, participants will have the opportunity to participate in our Pro-Experience seminars, delivered by West Ham United Foundation's staff and covering areas including Scouting/Player identification, Nutrition and Physical Conditioning and other their specialist areas.

Candidates should apply for the Hi-Performance programme and will be selected based on proven ability. The programme aims to integrate the player into English football through a high performance technical training plan. For those participants aged 12 - 17 who want to focus on **GOALKEEPING** training, we offer specific training according to their level.

### ENGLISH LANGUAGE TEACHING

English Programme plus Soccer: 16 hours of soccer training plus 15 hours of English classes per week. Our programme is accredited by British Council to guarantee the high- quality of service in English classes.

We offer this programme as both Residential or Day-Camp.

## KEY FACTS

### LOCATION

London

### ACCOMMODATION

University of East London,  
(Docklands Campus)

### TRAINING GROUND

West Ham Stadium training  
complex

## PROGRAMME AVAILABLE

Individuals & groups

### DURATION

1 - 5 weeks

### START DATES

4th, 11th, 18th & 25th July  
1st August

### AGE RANGE

Boys 10 -17  
Goalkeeping: Boys 12 - 17

### OPTIONAL

Goalkeeping training  
English classes

## A WEEKLY PROGRAMME SCHEDULE INCLUDES:

- 5-days training at West Ham United Stadium training complex
- 15 hours of English classes (if requested)
- West Ham Foundation training kit
- Full-board residential accommodation.
- Evening activities every night for students
- Excursion: first week, half-day to West Ham Stadium
- Player 'Meet & Greet'
- Personal soccer assessment
- Seminar and video analysis
- Personal development plan
- Excursion: second week, half-day to Wembley Stadium
- Daily transfer by private coach to training facilities
- 1 full-day (London Tour) for 2-week students
- Free, supervised internet access
- All students will receive their West Ham United Foundation certificate and a progress report from their coaches at West Ham Stadium in a player's closing ceremony

## PROGRAMME FEES

| Programme                             | Course type      | Duration | Residential price | Day camp price |
|---------------------------------------|------------------|----------|-------------------|----------------|
| High performance programme + language | Soccer & English | 2 weeks  | £ 2,790           | £ 2,150        |
| High performance programme            | Soccer           | 2 weeks  | £ 2,590           | £ 1,950        |
| High performance programme + language | Soccer & English | 1 week   | £ 1,590           | £ 1,250        |
| High performance programme            | Soccer           | 1 week   | £ 1,350           | £1,090         |

**Registration fee: £100**

Medical insurance: £15 per week - Mandatory

\* Students participating in a 1-week programme will have 1 half-day excursion to West Ham Stadium.

\* Goalkeeping training is only available in July from 4<sup>th</sup> July to 16<sup>th</sup> July

## OPTIONAL FEES

- Extra night: £125
- **Optional Sunday excursion: £50**

\* **Arrivals** are on the **Sunday** prior to the course start date. **Departures** are on the **Saturday**.

\*\* It is compulsory to bring the **original passport** to the camp. The document will be kept by Choices staff.

## AIRPORT TRANSFERS



(Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one way transfer.

| HEATHROW | GATWICK | LUTON | STANSTED | LONDON CITY | ST.PANCRAS |
|----------|---------|-------|----------|-------------|------------|
| £115     | £135    | £150  | £150     | £110        | £100       |

\* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: £ 50.

\*\* The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

\*\*\* Flight information must be provided **20 days prior to arrival**.

\*\*\*\* Transfer fees **won't be refunded**: last minute changes will incur an extra cost.



## UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

If your son is **under 16 years** of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks her in for the flight and accompany her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your daughter over to the airline representative. **Unless we are notified otherwise, this service will automatically be supplied and invoiced.**

PRICE EACH WAY

£65